



## Frassati Catholic Academy

In conjunction with Red Ribbon Week we are celebrating the #ChooseKind movement. Frassati WC will be hosting Peter Dankelson for our Jr. High assembly for 6-8<sup>th</sup> graders on Monday October 29<sup>th</sup>. You can read about Peter's story at [www.PetesDiary.com](http://www.PetesDiary.com) and learn about his struggles and his message to teach empathy and encourage compassion. He shares his story and compares it to the fictional character in *Wonder* by R.J. Palacio.

We will also showcase the picture book, *We're All Wonders* for our PS- 5<sup>th</sup> grades on both campuses. In addition, for our younger grades we are encouraging our FCA students to attend the Wauconda Area Public Library event on Monday, October 15<sup>th</sup> at Wauconda High School. *Make Kindness Your Superpower!* Peter Dankelson, local high school student will share his life story, including his medical journey and how his life compares to Auggie in *Wonder*. Learn about how what we say and do impacts everyone around us. Kindness is a choice we can make each and everyday. This is a registered event. Please visit [www.wauclib.org](http://www.wauclib.org)

All students are welcome to make cards and signs to welcome Peter to FCA on 10/29 and show him our spirit and how we live the Beatitudes daily and choose kindness.

- *Blessed are the poor in spirit, for theirs is the kingdom of heaven.*
- *Blessed are they who mourn, for they will be comforted.*
- *Blessed are the meek, for they will inherit the land.*
- *Blessed are they who hunger and thirst for righteousness, for they will be satisfied.*
- *Blessed are the merciful, for they will be shown mercy.*
- *Blessed are the clean of heart, for they will see God.*
- *Blessed are the peacemakers, for they will be called children of God.*
- *Blessed are they who are persecuted for the sake of righteousness, for theirs is the kingdom of heaven.*



# Pete's Diary

COMMUNICATE WITH COMPASSION

## WHAT WE DO

- **We inspire** you through storytelling, laughter, and conversation.
- **We teach** you how to embrace differences, practice empathy, and be upstanders.
- **We engage** with you through presentations, live video, writing, consulting, and social media.

Contact us at (248) 219-6544 or [Dede@PetesDiary.com](mailto:Dede@PetesDiary.com)

IF YOU WANT TO KNOW HOW TO  
TREAT SOMEONE WITH A DISABILITY



ASK  
THEIR  
SIBLING

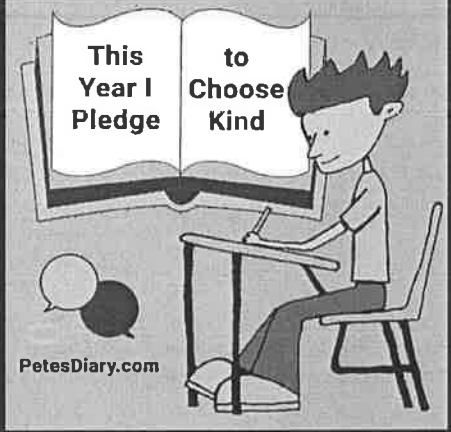
[PetesDiary.com](http://PetesDiary.com)

"People respond in accordance  
to how you treat them."

NELSON MANDELA



[PetesDiary.com](http://PetesDiary.com)



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## WHO WE ARE

Dede & Peter Dankelson are a mother/son duo with 18 years of experience in pediatric healthcare. Born with a craniofacial syndrome, Peter has endured 30 surgeries. Their different perspectives offer insights into being a pediatric patient and parenting a medically-complex child. The two have been sharing Peter's journey with schools since 2013, encouraging students to #ChooseKind, embrace diversity, and end social isolation. With their collected life experiences, Dede & Peter speak about overcoming adversity, pediatric healthcare, family dynamics, grief & loss, special education, anti-bullying, and disability awareness. Find them online at [PetesDiary.com](http://PetesDiary.com)



"EMPATHY IS  
CHALLENGING TO TEACH  
BECAUSE IT HAS TO BE FELT."

[PetesDiary.com](http://PetesDiary.com)

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TEACHING STUDENTS  
TO #CHOOSEKIND  
SINCE 2013  
Over 25,000 strong!



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Be comfortable with who you are  
so that others will be  
comfortable around you