

The FFA Faith Formation team will be starting a series called "Praying as a Family." Every month we will provide prayers that families can pray together at night, or at dinnertime, or really what ever time fits into your schedule.

For the remaining month of August, we will discuss the importance of saying the Our Father. This prayer is instrumental in saying the Rosary and can be considered one of the most powerful Catholic prayers.

The Lord's Prayer

Our Father who art in Heaven,
Hallowed be thy name;
Thy kingdom come;
Thy will be done
On earth as it is in heaven.
Give us this day our daily bread;
And forgive us our trespasses
As we forgive those who trespass against us;
And lead us not into temptation,
But deliver us from evil.
Amen.



Lord's Prayer

DAY 1

Our Father which art
in Heaven hallowed
be thy name...

Explanation: We call God "father" because we've been adopted into his family and we are his child, he is our creator. "Hallowed" means holy. As we pray, we confess that God is completely pure and faultless. This reminds us that we are human and not without sin. By calling him "hallowed", it shows we adore and worship Him, the living God.

Lord's Prayer

DAY 2

... thy kingdom come,
thy will be done on
Earth as it is in
Heaven...

Explanation: We are asking God for His will to be done in and through us. As we pray we are laying down our wants and desires, and asking God to have His way in our lives. This prayer requires us to empty ourselves and be filled with the fullness that God has to offer, just as it is in His kingdom of Heaven.

Lord's Prayer

DAY 3

... give us this day, our
daily bread...

Explanation: By asking God to bless our day and give us "bread", we are recognizing that God not only feeds us and supplies our daily physical needs (Matthew 6:26), but that he is our portion and food for our soul, meeting our spiritual needs (Ezekiel 4:9). This also reminds us that everyday is a gift to be treasured!

Lord's Prayer

DAY 4

... forgive us our
trespasses, as we
forgive those who
trespass against us ...

Explanation: Asking for forgiveness from sin is important to include in every prayer. It's a way for us to recognize that we need to forgive others so that God will forgive us. (Matthew 6:15) We need God's grace and mercy in our lives everyday. This prayer reminds us that we are all sinners and need daily forgiveness.

Lord's Prayer

DAY 5

... lead us not into
temptation, but deliver
us from evil.

Explanation: This final part of the prayer is asking God to help us not be in a place where temptation might overwhelm us. We ask for protection by our Father in heaven. Jesus recognizes the Lord as His source of deliverance. Likewise we are to depend on God when evil is a temptation in our own lives.

If you have a little one who is wondering why do we say this prayer or what is the meaning? Above is some helpful hints on how to explain the Our Father

