

# Day of Reflection



Please join us on **Saturday, November 6<sup>th</sup>** for a Day of Reflection on “Everyday Holiness” led by Angela Scaperlanda Bujan, MA. Angela will use “The Call to Holiness” written by Pope Francis and Scripture to lead us through the reflection.

The presentation will take place in the Parish Meeting Rooms and common area. Through prayer, presentation, individual reflection, and small group discussions, together we will respond to this call, increasing in holiness, each in our own way. ***The day includes the opportunity for children of the attendees to learn about “Everyday Holiness” in their own group setting.***

→ An English language session will begin in the morning with 8:00 a.m. Mass in the Church and conclude with a (free-will offering) lunch at 12:45 p.m.

→ A Spanish language session will begin with a (free-will offering) lunch at 12:45 p.m. and conclude with the 6:00 p.m. Mass.

For more information and to **sign-up yourself or your entire family**, go to [www.transfigurationwauconda.com](http://www.transfigurationwauconda.com) and click on the Eventbrite link.

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***“Saints... remind us that holiness can blossom even in our lives, however weak and marked by sin.”***

***~ Pope Francis***

You may have heard it said that we are all called to be saints, but how many of us truly believe we will grow so holy that one day we will really become one? Instead of responding “Here I Am Lord”, how many are tempted to shake their heads and say, “not me Lord”? What does it even mean to grow in holiness in today’s world? How can we really respond to this call in our everyday lives?

Inspired by Pope Francis recent Apostolic Exhortation, *Guadete Et Exsultate* on the Call to Holiness in Today’s World, in which he encourages the faithful to live “everyday holiness in practical and ordinary ways”, Angela Scaperlanda Bujan will guide us through the day as we reflect on our own *Everyday Holiness*.

***“Do not be afraid of holiness. It will take away none of your energy, vitality, or joy. On the contrary, you will become what the Father had in mind when he created you, and you will be faithful to your deepest self. To depend on God sets us free from every form of enslavement and leads us to recognize our great dignity.”—***

***Pope Francis, Gaudete Et Exsultate***



**Angela Scaperlanda Bujan, MA**, is a bilingual certified spiritual director, coach, facilitator, retreat leader, speaker, writer, editor and organizational consultant. As founder of HELP Professional Services LLC, Angela seeks to help individuals, groups, and other organizations become who and what they are meant to be. Her unique background in intercultural communication, business and spirituality have allowed her the opportunity to work with individuals and organizations across countries, sectors, and levels. She brings her professional skills, fluency in Spanish, intercultural expertise, solid spiritual base, and relevant life experiences to the table. Each presentation, retreat, and session is tailored to meet the current needs of the people with whom she has the privilege to work.