



# NOVEMBER 2020 LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p><b>Confetti Pancakes+</b> String Cheese or <b>Spicy Popcorn Chicken</b> Dinner Roll</p> <p>Tater Tots Ketchup Watermelon Craisins</p>	<p>3</p> <p><b>Chicken Nuggets</b> BBQ Sauce or <b>BBQ Meatball Sub on a Bun</b></p> <p>Baked Beans Flavored Applesauce</p>	<p>4</p> <p><b>Classic Hamburger on a Bun</b> or <b>Deep Dish Galaxy Pepperoni Pizza</b></p> <p>Sweet Potato Fries Ketchup Craisins</p>	<p>5</p> <p><b>Breaded Chicken Sandwich on a Bun</b> BBQ Sauce or <b>Maple Pancakes+</b> String Cheese</p> <p>Tater Tots Ketchup Fruit</p>	<p>6</p> <p><b>Hot Diggity Dog on a Bun</b> or <b>Orange Chicken w/ Broccoli</b></p> <p><b>NEW</b></p> <p>Steamed Mixed Vegetables Flavored Applesauce</p>
<p>9</p> <p><b>Nacho Combo</b> Tostito Scoops or <b>Classic Hamburger on a Bun</b> Ketchup</p> <p>Baby Carrots Flavored Applesauce <i>National Nacho Day</i></p>	<p>10</p> <p><b>Cinnamon French Toast+</b> String Cheese or <b>Chicken Tenders</b></p> <p>French Fries Ketchup Fruit</p>	<p>11</p> <p><b>Hot Diggity Dog on a Bun</b> Ketchup or <b>Meatball Sub on a Bun</b></p> <p>Steamed Broccoli Flavored Applesauce</p>	<p>12</p> <p><b>Popcorn Chicken</b> BBQ Sauce or <b>Mac &amp; Cheese+</b></p> <p>Steamed Green Beans Fruit</p>	<p>13</p> <p><b>Deep Dish Galaxy Cheese Pizza+</b> or <b>Breaded Chicken Sandwich on a Bun</b></p> <p>Tater Tots Ketchup Fresh Apple</p>
<p>16</p> <p><b>Cheeseburger on a Bun</b> Ketchup or <b>Popcorn Chicken</b></p> <p>Baby Carrots Watermelon Craisins</p>	<p>17</p> <p><b>Chicken Nuggets</b> or <b>Hot Diggity Dog on a Bun</b></p> <p>French Fries Ketchup Flavored Applesauce</p>	<p>18</p> <p><b>Mini Corn Dogs</b> or <b>Beef Soft Tacos</b></p> <p>Steamed Corn Fruit</p>	<p>19</p> <p><b>Nacho Combo</b> Tostito Scoops or <b>Deep Dish Galaxy Pepperoni Pizza</b></p> <p>Baby Carrots Fresh Apple</p>	<p>20</p> <p><b>Sliced Turkey w/ Gravy</b> or <b>Classic Hamburger on a Bun</b></p> <p>Mashed Potatoes Flavored Applesauce <i>Holiday Meal</i></p>
<p>23</p> <p><b>BBQ Meatball Sub on a Bun</b> or <b>Chicken Patty Sliders on a Bun</b> BBQ Sauce</p> <p>Steamed Broccoli Fresh Apple</p>	<p>24</p> <p><b>Cheeseburger on a Bun</b> Mustard or <b>Pancake &amp; Sausage Griddler</b> Syrup</p> <p>Baby Carrots Strawberry Craisins</p>	<p>25</p> <p><b>Chicken Nuggets</b> or <b>Deep Dish Galaxy Cheese Pizza+</b></p> <p>French Fries Ketchup Flavored Applesauce</p>	 <p><i>Happy Thanksgiving</i></p>	
<p>30</p> <p><b>French Toast Sticks+</b> String Cheese or <b>Breaded Chicken Sandwich on a Bun</b></p> <p>Tater Tots Ketchup Orange Craisins</p>	<p><b>NEW:</b></p> <p><i>Orange Chicken with Broccoli is a flavorful dish with juicy, orange chicken sauce and tender broccoli florets over a bed of rice.</i></p>			<p><b>Are turkey leftovers good for your health?</b></p> <p><i>Not if you're the turkey!</i></p>

The National School Lunch Program follows the USDA's Dietary Guidelines. Every 5 years, the USDA publishes well-researched advice for sound nutrition habits. School Lunch aligns with these guidelines to help create healthy eating habits for kids!



**\*Menu Subject to Change\*** [AB]  
Milk contains no artificial growth hormones or antibiotics.  
We use heart healthy whole-grain breads for our buns, breadsticks, rolls.  
\*Item contains Pork, +Item contains No Meat  
Nutrition and allergen Information available at [www.FSPpro.com](http://www.FSPpro.com)