

Planned Menu Spreadsheet

Portion Values

Jan 4, 2021 thru Jan 30, 2021

Menu Name: K-8 Lunch 2 Entree (AB) **Include Cost:** No
Site: 1 - Archdiocese of Chicago **Report Style:** Detailed

Monday - 01/04/2021

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Fiber (g)	Protn (g)
900187 Pizza Tony's Galaxy Smart Chz	Pizza	100	280	6.00	440	9	12.00	0.00	29.00	3.00	15.00
825806 CHIX Nugget, WG (5) 2.0	5 Each	100	203	1.90	444	0	10.15	0.00	12.68	1.27	16.49
827153 BRD: PRETZEL, Soft Rod1ozWG1ea	Each	100	70	0.00	65	0	0.50	0.00	14.00	1.00	2.00
825867 COND PC Sauce, BBQ 12g	Each	100	15	0.00	160	1	0.00	0.00	3.00	0.00	0.00
831489 VEG: PEAS, Green Fz 1/4c	1/4 Cup	200	37	0.02	34	2	0.13	0.00	6.69	2.11	2.41
833552 FRUIT: CRAISINS, SS Orange1.16	Each (1.16oz)	200	110	0.00	0	24	0.00	0.00	28.00	3.00	0.00
900012 MILK SS, 1% White 8oz	Carton	1	100	1.50	120	11	2.50	0.00	11.00	0.00	8.00
900015 MILK SS, Skim Chocolate	Carton	1	110	0.00	180	18	0.00	0.00	20.00	0.00	8.00
900014 MILK SS, Skim 8oz	Carton	1	80	0.00	120	11	0.00	0.00	11.00	0.00	8.00
Weighted Daily Average			86396	796.34	118061	6253	2292.44	0.00	12847.37	1548.80	3855.60
% of Calories				8.30%		29.0%	23.9%	0.0%	59.5%		17.9%
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0				

Tuesday - 01/05/2021

Reimbursable Meal Total 10800

Planned Menu Spreadsheet

Portion Values

Jan 4, 2021 thru Jan 30, 2021

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Fiber (g)	Protn (g)
000191 Chicken, Corn Dog Mini	6 each	100	271	3.77	422	6	12.06	*N/A*	30.15	4.52	10.55
825856 COND PC Ketchup 9g Heinz	Each	100	10	0.00	85	2	0.00	0.00	3.00	0.00	0.00
900045 BURG, Beef AP WG 2.0	Each	100	250	2.50	295	3	8.00	0.00	27.00	2.00	17.00
825856 COND PC Ketchup 9g Heinz	Each	100	10	0.00	85	2	0.00	0.00	3.00	0.00	0.00
831190 VEG: CARROTS, Fresh Baby 1/4c	1/4 Cup	200	12	0.01	28	2	0.05	0.00	2.92	1.03	0.23
833326 COND PC Drsg Ranch BtrmlkFF12g	Each	200	10	0.00	125	0	0.00	0.00	2.00	0.00	0.00
000089 Fruit: Clementine GFP 1/2c 120ct	each	200	35	0.00	0	7	0.00	0.00	9.00	2.00	1.00
900015 MILK SS, Skim Chocolate	Carton	4000	110	0.00	180	18	0.00	0.00	20.00	0.00	8.00
900012 MILK SS, 1% White 8oz	Carton	500	100	1.50	120	11	2.50	0.00	11.00	0.00	8.00
900014 MILK SS, Skim 8oz	Carton	100	80	0.00	120	11	0.00	0.00	11.00	0.00	8.00
Weighted Daily Average			52	0.13	84	8	0.30	*0.00	8.86	0.12	3.69
% of Calories				2.25%		61.5%	5.2%	*0.0%	68.2%		28.4%
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0				

Wednesday - 01/06/2021

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Fiber (g)	Protn (g)
831333 BRD: WAFFLE, AP WG Bluebry IW	Pouch	100	200	1.00	170	10	6.00	0.00	36.00	3.00	4.00
829505 CHIX Sausage Patty 2ea 2.0	2 Patty	100	200	3.00	500	0	12.00	0.00	2.00	0.00	22.00

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Jan 4, 2021 thru Jan 30, 2021

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Fiber (g)	Protn (g)
831183 CHIX Popcorn, AP WG 2.0	Serving	100	256	2.78	389	1	14.46	0.00	15.58	3.34	15.58
825953 BRD: CRACK SS, GFishChd.75ozWG	Package	100	100	1.00	170	0	3.50	0.00	14.00	1.00	3.00
825867 COND PC Sauce, BBQ 12g	Each	100	15	0.00	160	1	0.00	0.00	3.00	0.00	0.00
990377 Tater Tots, McCain 1/4c	1/4c	200	46	0.21	83	0	1.66	0.00	7.04	0.83	0.41
825856 COND PC Ketchup 9g Heinz	Each	200	10	0.00	85	2	0.00	0.00	3.00	0.00	0.00
000082 FRUIT: APPLE, 198ct GFP 1c	Each(138ct)	200	62	0.00	0	12	0.00	0.00	17.09	3.88	0.00
900012 MILK SS, 1% White 8oz	Carton	1	100	1.50	120	11	2.50	0.00	11.00	0.00	8.00
900014 MILK SS, Skim 8oz	Carton	1	80	0.00	120	11	0.00	0.00	11.00	0.00	8.00
900015 MILK SS, Skim Chocolate	Carton	1	110	0.00	180	18	0.00	0.00	20.00	0.00	8.00
Weighted Daily Average			100919	821.06	172924	4220	3930.10	0.00	12525.69	1676.20	4564.40
% of Calories				7.32%		16.7%	35.0%	0.0%	49.6%		18.1%
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0				

Thursday - 01/07/2021

Reimbursable Meal Total 10800

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Fiber (g)	Protn (g)
900044 SDW BN, ChixPty Pln WG/WG 2.0	Sandwich	100	347	2.32	698	3	11.94	0.01	38.47	3.65	22.24
825867 COND PC Sauce, BBQ 12g	Each	100	15	0.00	160	1	0.00	0.00	3.00	0.00	0.00
830265 PASTA, Penne 1/2c	1/2 Cup	100	111	0.08	7	1	1.09	0.00	20.76	1.01	3.54

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Jan 4, 2021 thru Jan 30, 2021

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Fiber (g)	Protn (g)
832981 CHIX Dcd Heated 1.0	2oz spdl (1MMA)	100	55	0.63	51	0	2.11	0.00	0.42	0.00	7.59
832570 COND_Sauce, Chz ItaSS(LOL)1.0	3oz Spdl (1MMA)	100	142	6.56	591	1	10.94	0.00	3.28	0.00	8.75
990521 VEG: BLEND, 5 Way Mix Fz 1/4c	1/4 Cup	200	53	0.02	28	3	0.12	0.00	10.58	3.56	2.31
826581 FRUIT: ORANGE 138ct Whole 1/2c	Each(138ct)	200	47	0.02	0	9	0.12	*N/A*	11.73	2.40	0.94
900015 MILK SS, Skim Chocolate	Carton	200	110	0.00	180	18	0.00	0.00	20.00	0.00	8.00
900012 MILK SS, 1% White 8oz	Carton	500	100	1.50	120	11	2.50	0.00	11.00	0.00	8.00
900014 MILK SS, Skim 8oz	Carton	100	80	0.00	120	11	0.00	0.00	11.00	0.00	8.00
Weighted Daily Average			15	0.16	24	1	0.36	*0.00	2.00	0.15	1.04
% of Calories				9.60%		26.7%	21.6%	*0.0%	53.3%		27.7%
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0				

Friday - 01/08/2021

Reimbursable Meal Total 10800

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Fiber (g)	Protn (g)
900075 Pizza Tony's Galaxy Smart Pep	Pizza	100	290	6.00	520	9	12.00	0.00	29.00	3.00	16.00
900046 HOT DOG, Plain WG 2.0	Each	100	300	4.41	1003	4	14.18	0.01	29.16	2.70	12.73
825862 COND PC Mustard 6g	Each	100	0	0.00	65	0	0.00	0.00	1.00	0.00	0.00
990383 Crinkle FF McCain 1/4c	1/4c	200	43	0.26	50	0	1.88	0.03	6.64	0.48	0.47
825856 COND PC Ketchup 9g Heinz	Each	200	10	0.00	85	2	0.00	0.00	3.00	0.00	0.00

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Jan 4, 2021 thru Jan 30, 2021

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Fiber (g)	Protn (g)
000116 FRUIT: CUP SS, Applesc 1/2c	Each (1/2c)	200	50	0.00	15	12	0.00	0.00	14.00	1.00	0.00
900015 MILK SS, Skim Chocolate	Carton	4000	110	0.00	180	18	0.00	0.00	20.00	0.00	8.00
900012 MILK SS, 1% White 8oz	Carton	500	100	1.50	120	11	2.50	0.00	11.00	0.00	8.00
900014 MILK SS, Skim 8oz	Carton	100	80	0.00	120	11	0.00	0.00	11.00	0.00	8.00
Weighted Daily Average			53	0.17	91	8	0.39	0.00	9.00	0.08	3.68
% of Calories				2.89%		60.4%	6.6%	0.0%	67.9%		27.8%
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0				

Monday - 01/11/2021

Reimbursable Meal Total 10800

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Fiber (g)	Protn (g)
829155 CHIX Tender, KK (3) WG 2.0	3 Each	100	212	2.02	738	1	11.12	0.00	13.14	1.01	15.16
825867 COND PC Sauce, BBQ 12g	Each	100	15	0.00	160	1	0.00	0.00	3.00	0.00	0.00
000133 TACO BfGd Soft SS WG 2.0 2ea	2 Each	100	337	6.92	508	2	14.71	*0.00	32.09	4.28	18.59
990521 VEG: BLEND, 5 Way Mix Fz 1/4c	1/4 Cup	200	53	0.02	28	3	0.12	0.00	10.58	3.56	2.31
000082 FRUIT: APPLE, 198ct GFP 1c	Each(138ct)	200	62	0.00	0	12	0.00	0.00	17.09	3.88	0.00
900015 MILK SS, Skim Chocolate	Carton	4000	110	0.00	180	18	0.00	0.00	20.00	0.00	8.00
900012 MILK SS, 1% White 8oz	Carton	500	100	1.50	120	11	2.50	0.00	11.00	0.00	8.00

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Portion Values

Jan 4, 2021 thru Jan 30, 2021

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Fiber (g)	Protn (g)
900014 MILK SS, Skim 8oz	Carton	100	80	0.00	120	11	0.00	0.00	11.00	0.00	8.00
Weighted Daily Average			53	0.15	87	8	0.36	*0.00	8.98	0.19	3.76
% of Calories				2.55%		60.4%	6.1%	*0.0%	67.8%		28.4%
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0				

Tuesday - 01/12/2021

Reimbursable Meal Total 10800

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Fiber (g)	Protn (g)
900116 BURG, Beef AMAP WG 2.25- ALPHA	Each	100	295	4.62	495	4	11.50	0.00	27.50	2.00	19.50
825856 COND PC Ketchup 9g Heinz	Each	100	10	0.00	85	2	0.00	0.00	3.00	0.00	0.00
000191 Chicken, Corn Dog Mini	6 each	100	271	3.77	422	6	12.06	*N/A*	30.15	4.52	10.55
825862 COND PC Mustard 6g	Each	100	0	0.00	65	0	0.00	0.00	1.00	0.00	0.00
830310 VEG: BEANS, Green Fz 1/4c	1/4 Cup	200	10	0.02	0	1	0.06	0.00	2.25	1.04	0.52
826581 FRUIT: ORANGE 138ct Whole 1/2c	Each(138ct)	200	47	0.02	0	9	0.12	*N/A*	11.73	2.40	0.94
900015 MILK SS, Skim Chocolate	Carton	4000	110	0.00	180	18	0.00	0.00	20.00	0.00	8.00
900012 MILK SS, 1% White 8oz	Carton	500	100	1.50	120	11	2.50	0.00	11.00	0.00	8.00

Planned Menu Spreadsheet

Portion Values

Jan 4, 2021 thru Jan 30, 2021

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Fiber (g)	Protn (g)
900014 MILK SS, Skim 8oz	Carton	100	80	0.00	120	11	0.00	0.00	11.00	0.00	8.00
Weighted Daily Average			52	0.15	83	8	0.34	*0.00	8.85	0.12	3.71
% of Calories				2.60%		61.5%	5.9%	*0.0%	68.1%		28.5%
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0				

Wednesday - 01/13/2021

Reimbursable Meal Total 10800

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Fiber (g)	Protn (g)
900186 Pizza Tony's Galaxy Smart Pep	Pizza	100	290	6.00	520	9	12.00	0.00	29.00	3.00	16.00
900046 HOT DOG, Plain WG 2.0	Each	100	300	4.41	1003	4	14.18	0.01	29.16	2.70	12.73
825862 COND PC Mustard 6g	Each	100	0	0.00	65	0	0.00	0.00	1.00	0.00	0.00
990383 Crinkle FF McCain 1/4c	1/4c	200	43	0.26	50	0	1.88	0.03	6.64	0.48	0.47
825856 COND PC Ketchup 9g Heinz	Each	200	10	0.00	85	2	0.00	0.00	3.00	0.00	0.00
000109 FRUIT: CUP SS, Applesc STW1/2c	Each (1/2c)	200	50	0.00	15	12	0.00	0.00	14.00	1.00	0.00
900015 MILK SS, Skim Chocolate	Carton	4000	110	0.00	180	18	0.00	0.00	20.00	0.00	8.00
900012 MILK SS, 1% White 8oz	Carton	500	100	1.50	120	11	2.50	0.00	11.00	0.00	8.00

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Portion Values

Jan 4, 2021 thru Jan 30, 2021

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Fiber (g)	Protn (g)
900014 MILK SS, Skim 8oz	Carton	100	80	0.00	120	11	0.00	0.00	11.00	0.00	8.00
Weighted Daily Average			53	0.17	91	8	0.39	0.00	9.00	0.08	3.68
% of Calories				2.89%		60.4%	6.6%	0.0%	67.9%		27.8%
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0				

Thursday - 01/14/2021

Reimbursable Meal Total 10800

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Fiber (g)	Protn (g)
000179 BRD: PANCAKES, AP WG Confetti	Pouch	100	220	1.00	300	11	7.00	0.00	36.00	4.00	4.00
829505 CHIX Sausage Patty 2ea 2.0	2 Patty	100	200	3.00	500	0	12.00	0.00	2.00	0.00	22.00
829155 CHIX Tender, KK (3) WG 2.0	3 Each	100	212	2.02	738	1	11.12	0.00	13.14	1.01	15.16
825953 BRD: CRACK SS, GFishChd.75ozWG	Package	100	100	1.00	170	0	3.50	0.00	14.00	1.00	3.00
825867 COND PC Sauce, BBQ 12g	Each	100	15	0.00	160	1	0.00	0.00	3.00	0.00	0.00
990377 Tater Tots, McCain 1/4c	1/4c	200	46	0.21	83	0	1.66	0.00	7.04	0.83	0.41
825856 COND PC Ketchup 9g Heinz	Each	200	10	0.00	85	2	0.00	0.00	3.00	0.00	0.00
831449 FRUIT: CRAISINS, SS Strawb1.16	Box (1.16oz)	200	110	0.00	0	24	0.00	0.00	28.00	3.00	0.00
900015 MILK SS, Skim Chocolate	Carton	8000	110	0.00	180	18	0.00	0.00	20.00	0.00	8.00
900012 MILK SS, 1% White 8oz	Carton	500	100	1.50	120	11	2.50	0.00	11.00	0.00	8.00

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Jan 4, 2021 thru Jan 30, 2021

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Fiber (g)	Protn (g)
900014 MILK SS, Skim 8oz	Carton	100	80	0.00	120	11	0.00	0.00	11.00	0.00	8.00
Weighted Daily Average			97	0.14	160	15	0.46	0.00	16.76	0.13	6.79
% of Calories				1.30%		61.9%	4.3%	0.0%	69.1%		28.0%
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0				

Friday - 01/15/2021

Reimbursable Meal Total 10800

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Fiber (g)	Protn (g)
831183 CHIX Popcorn, AP WG 2.0	Serving	100	256	2.78	389	1	14.46	0.00	15.58	3.34	15.58
900175 Roll, DinnerWheatAP(Alpha)1ea	each	100	76	0.24	146	1	1.33	0.02	13.23	1.21	2.83
825867 COND PC Sauce, BBQ 12g	Each	100	15	0.00	160	1	0.00	0.00	3.00	0.00	0.00
829526 STICKS, MAX SNAX Pizza AP 2.0	2 Each	100	260	2.00	600	6	8.00	0.00	30.00	2.00	16.00
830312 VEG: CORN, Fz 1/4c	1/4 Cup	200	33	0.04	0	1	0.27	0.00	7.90	0.98	1.04
000089 Fruit: Clementine GFP 1/2c 120ct	each	200	35	0.00	0	7	0.00	0.00	9.00	2.00	1.00
900015 MILK SS, Skim Chocolate	Carton	4000	110	0.00	180	18	0.00	0.00	20.00	0.00	8.00
900012 MILK SS, 1% White 8oz	Carton	500	100	1.50	120	11	2.50	0.00	11.00	0.00	8.00

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Jan 4, 2021 thru Jan 30, 2021

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Fiber (g)	Protn (g)
900014 MILK SS, Skim 8oz	Carton	100	80	0.00	120	11	0.00	0.00	11.00	0.00	8.00
Weighted Daily Average			53	0.12	85	8	0.34	0.00	8.90	0.12	3.76
% of Calories				2.04%		60.4%	5.8%	0.0%	67.2%		28.4%
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0				

Monday - 01/18/2021

Reimbursable Meal Total 10800

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Fiber (g)	Protn (g)
825806 CHIX Nugget, WG (5) 2.0	5 Each	100	203	1.90	444	0	10.15	0.00	12.68	1.27	16.49
827153 BRD: PRETZEL, Soft Rod1ozWG1ea	Each	100	70	0.00	65	0	0.50	0.00	14.00	1.00	2.00
825867 COND PC Sauce, BBQ 12g	Each	100	15	0.00	160	1	0.00	0.00	3.00	0.00	0.00
990347 Pretzel Nuggets	serv	100	120	0.00	84	0	0.00	0.00	28.00	4.00	4.00
829898 COND_Sauce, Chz SS W (LOL) 1.0	3oz Spdl (1MMA)	100	150	6.75	600	0	10.50	0.00	4.50	0.00	7.50
990377 Tater Tots, McCain 1/4c	1/4c	200	46	0.21	83	0	1.66	0.00	7.04	0.83	0.41
825856 COND PC Ketchup 9g Heinz	Each	200	10	0.00	85	2	0.00	0.00	3.00	0.00	0.00
000082 FRUIT: APPLE, 198ct GFP 1c	Each(138ct)	200	62	0.00	0	12	0.00	0.00	17.09	3.88	0.00
900015 MILK SS, Skim Chocolate	Carton	4000	110	0.00	180	18	0.00	0.00	20.00	0.00	8.00
900012 MILK SS, 1% White 8oz	Carton	500	100	1.50	120	11	2.50	0.00	11.00	0.00	8.00

Planned Menu Spreadsheet

Portion Values

Jan 4, 2021 thru Jan 30, 2021

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Fiber (g)	Protn (g)
900014 MILK SS, Skim 8oz	Carton	100	80	0.00	120	11	0.00	0.00	11.00	0.00	8.00
Weighted Daily Average			53	0.15	89	8	0.34	0.00	9.10	0.15	3.69
% of Calories				2.55%		60.4%	5.8%	0.0%	68.7%		27.8%
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0				

Tuesday - 01/19/2021

Reimbursable Meal Total 10800

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Fiber (g)	Protn (g)
825827 SDW BN, ChixPty Pln WG/WG 2.0	Sandwich	5000	340	2.00	750	4	12.00	0.00	39.00	3.00	21.00
825867 COND PC Sauce, BBQ 12g	Each	5000	15	0.00	160	1	0.00	0.00	3.00	0.00	0.00
000491 MELT BD, AM WG 2.0	Sandwich	1200	363	10.90	1297	6	19.42	0.00	27.40	2.40	17.74
990521 VEG: BLEND, 5 Way Mix Fz 1/4c	1/4 Cup	6200	53	0.02	28	3	0.12	0.00	10.58	3.56	2.31
000089 Fruit: Clementine GFP 1/2c 120ct	each	6200	35	0.00	0	7	0.00	0.00	9.00	2.00	1.00
900015 MILK SS, Skim Chocolate	Carton	4000	110	0.00	180	18	0.00	0.00	20.00	0.00	8.00
900012 MILK SS, 1% White 8oz	Carton	500	100	1.50	120	11	2.50	0.00	11.00	0.00	8.00
900014 MILK SS, Skim 8oz	Carton	100	80	0.00	120	11	0.00	0.00	11.00	0.00	8.00
Weighted Daily Average			301	2.22	655	16	7.90	0.00	41.75	4.84	17.00
% of Calories				6.64%		21.3%	23.6%	0.0%	55.5%		22.6%
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0				

Planned Menu Spreadsheet

Portion Values

Jan 4, 2021 thru Jan 30, 2021

Wednesday - 01/20/2021

Reimbursable Meal Total 10800

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Fiber (g)	Protn (g)
900116 BURG, Beef AMAP WG 2.25- ALPHA	Each	5000	295	4.62	495	4	11.50	0.00	27.50	2.00	19.50
825856 COND PC Ketchup 9g Heinz	Each	5000	10	0.00	85	2	0.00	0.00	3.00	0.00	0.00
000191 Chicken, Corn Dog Mini	6 each	1200	271	3.77	422	6	12.06	*N/A*	30.15	4.52	10.55
825862 COND PC Mustard 6g	Each	1200	0	0.00	65	0	0.00	0.00	1.00	0.00	0.00
990383 Crinkle FF McCain 1/4c	1/4c	6200	43	0.26	50	0	1.88	0.03	6.64	0.48	0.47
825856 COND PC Ketchup 9g Heinz	Each	6200	10	0.00	85	2	0.00	0.00	3.00	0.00	0.00
000082 FRUIT: APPLE, 198ct GFP 1c	Each(138ct)	6200	62	0.00	0	12	0.00	0.00	17.09	3.88	0.00
900015 MILK SS, Skim Chocolate	Carton	4000	110	0.00	180	18	0.00	0.00	20.00	0.00	8.00
900012 MILK SS, 1% White 8oz	Carton	500	100	1.50	120	11	2.50	0.00	11.00	0.00	8.00
900014 MILK SS, Skim 8oz	Carton	100	80	0.00	120	11	0.00	0.00	11.00	0.00	8.00
Weighted Daily Average			284	2.78	474	19	7.86	*0.02	40.94	3.93	13.88
% of Calories				8.81%		26.8%	24.9%	*0.1%	57.7%		19.5%
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0				

Thursday - 01/21/2021

Reimbursable Meal Total 10800

Planned Menu Spreadsheet

Portion Values

Jan 4, 2021 thru Jan 30, 2021

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Fiber (g)	Protn (g)
900170 Pizza Tony's Galaxy Smart Chz	Pizza	6200	280	6.00	440	9	12.00	0.00	29.00	3.00	15.00
825806 CHIX Nugget, WG (5) 2.0	5 Each	1500	203	1.90	444	0	10.15	0.00	12.68	1.27	16.49
827153 BRD: PRETZEL, Soft Rod1ozWG1ea	Each	1500	70	0.00	65	0	0.50	0.00	14.00	1.00	2.00
825867 COND PC Sauce, BBQ 12g	Each	1500	15	0.00	160	1	0.00	0.00	3.00	0.00	0.00
831489 VEG: PEAS, Green Fz 1/4c	1/4 Cup	7700	37	0.02	34	2	0.13	0.00	6.69	2.11	2.41
000109 FRUIT: CUP SS, Applesc STW1/2c	Each (1/2c)	7700	50	0.00	15	12	0.00	0.00	14.00	1.00	0.00
900015 MILK SS, Skim Chocolate	Carton	4000	110	0.00	180	18	0.00	0.00	20.00	0.00	8.00
900012 MILK SS, 1% White 8oz	Carton	500	100	1.50	120	11	2.50	0.00	11.00	0.00	8.00
900014 MILK SS, Skim 8oz	Carton	100	80	0.00	120	11	0.00	0.00	11.00	0.00	8.00
Weighted Daily Average			309	3.79	454	23	8.57	0.00	43.54	4.25	16.31
% of Calories				11.04%		29.8%	25.0%	0.0%	56.4%		21.1%
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0				

Friday - 01/22/2021

Reimbursable Meal Total 10800

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Fiber (g)	Protn (g)
000046 NACHOS BfGd Bn Scp AP- IW Chips	Each	7000	327	5.40	786	1	12.12	0.06	36.67	5.25	16.04
900046 HOT DOG, Plain WG 2.0	Each	1400	300	4.41	1003	4	14.18	0.01	29.16	2.70	12.73
825856 COND PC Ketchup 9g Heinz	Each	1400	10	0.00	85	2	0.00	0.00	3.00	0.00	0.00

Planned Menu Spreadsheet

Portion Values

Jan 4, 2021 thru Jan 30, 2021

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Fiber (g)	Protn (g)
825862 COND PC Mustard 6g	Each	1400	0	0.00	65	0	0.00	0.00	1.00	0.00	0.00
830312 VEG: CORN, Fz 1/4c	1/4 Cup	8400	33	0.04	0	1	0.27	0.00	7.90	0.98	1.04
000194 FRUIT: CRAISINS, SS Waterm1.16	Box (1.16oz)	8400	110	0.00	0	24	0.00	0.00	28.00	3.00	0.00
900015 MILK SS, Skim Chocolate	Carton	4000	110	0.00	180	18	0.00	0.00	20.00	0.00	8.00
900012 MILK SS, 1% White 8oz	Carton	500	100	1.50	120	11	2.50	0.00	11.00	0.00	8.00
900014 MILK SS, Skim 8oz	Carton	100	80	0.00	120	11	0.00	0.00	11.00	0.00	8.00
Weighted Daily Average			410	4.17	732	28	10.02	0.04	64.01	6.85	16.27
% of Calories				9.15%		27.3%	22.0%	0.1%	62.4%		15.9%
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0				

Monday - 01/25/2021

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Fiber (g)	Protn (g)
830905 BRD: FR TST STK, AP WG (1.5BG)	3 Sticks	0	225	2.25	285	11	9.00	0.00	31.50	1.50	4.50
829505 CHIX Sausage Patty 2ea 2.0	2 Patty	0	200	3.00	500	0	12.00	0.00	2.00	0.00	22.00
829155 CHIX Tender, KK (3) WG 2.0	3 Each	1400	212	2.02	738	1	11.12	0.00	13.14	1.01	15.16
825953 BRD: CRACK SS, GFishChd.75ozWG	Package	1400	100	1.00	170	0	3.50	0.00	14.00	1.00	3.00
825867 COND PC Sauce, BBQ 12g	Each	1400	15	0.00	160	1	0.00	0.00	3.00	0.00	0.00
990377 Tater Tots, McCain 1/4c	1/4c	8400	46	0.21	83	0	1.66	0.00	7.04	0.83	0.41

Planned Menu Spreadsheet

Portion Values

Jan 4, 2021 thru Jan 30, 2021

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Fiber (g)	Protn (g)
825856 COND PC Ketchup 9g Heinz	Each	8400	10	0.00	85	2	0.00	0.00	3.00	0.00	0.00
000082 FRUIT: APPLE, 198ct GFP 1c	Each(138ct)	8400	62	0.00	0	12	0.00	0.00	17.09	3.88	0.00
900012 MILK SS, 1% White 8oz	Carton	1	100	1.50	120	11	2.50	0.00	11.00	0.00	8.00
900014 MILK SS, Skim 8oz	Carton	1	80	0.00	120	11	0.00	0.00	11.00	0.00	8.00
900015 MILK SS, Skim Chocolate	Carton	1	110	0.00	180	18	0.00	0.00	20.00	0.00	8.00
Weighted Daily Average			1447056	5970.54	2904850	127544	34377.82	0.00	270130.00	42394.80	28921.40
% of Calories				3.71%		35.3%	21.4%	0.0%	74.7%		8.0%
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0				

Tuesday - 01/26/2021

Reimbursable Meal Total 10800

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Fiber (g)	Protn (g)
900046 HOT DOG, Plain WG 2.0	Each	7500	300	4.41	1003	4	14.18	0.01	29.16	2.70	12.73
825856 COND PC Ketchup 9g Heinz	Each	7500	10	0.00	85	2	0.00	0.00	3.00	0.00	0.00
825862 COND PC Mustard 6g	Each	7500	0	0.00	65	0	0.00	0.00	1.00	0.00	0.00
000067 TACO BfGd Soft AP WG 2.0 2ea	2 Each	1200	336	6.13	638	3	13.45	0.00	33.95	5.48	21.36
825085 VEG: BEANS, Pinto Kickin' 1/4c	1/4 Cup	8800	67	0.08	99	0	0.39	0.06	12.45	2.50	3.11
000089 Fruit: Clementine GFP 1/2c 120ct	each	8800	35	0.00	0	7	0.00	0.00	9.00	2.00	1.00
900015 MILK SS, Skim Chocolate	Carton	4000	110	0.00	180	18	0.00	0.00	20.00	0.00	8.00

Planned Menu Spreadsheet

Portion Values

Jan 4, 2021 thru Jan 30, 2021

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Fiber (g)	Protn (g)
900012 MILK SS, 1% White 8oz	Carton	500	100	1.50	120	11	2.50	0.00	11.00	0.00	8.00
900014 MILK SS, Skim 8oz	Carton	100	80	0.00	120	11	0.00	0.00	11.00	0.00	8.00
Weighted Daily Average			381	3.88	1026	18	11.78	0.05	52.30	6.15	17.97
% of Calories				9.17%		18.9%	27.8%	0.1%	54.9%		18.9%
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0				

Wednesday - 01/27/2021

Reimbursable Meal Total 10800

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Fiber (g)	Protn (g)
900186 Pizza Tony's Galaxy Smart Pep	Pizza	7500	290	6.00	520	9	12.00	0.00	29.00	3.00	16.00
825827 SDW BN, ChixPty Pln WG/WG 2.0	Sandwich	1500	340	2.00	750	4	12.00	0.00	39.00	3.00	21.00
825867 COND PC Sauce, BBQ 12g	Each	1500	15	0.00	160	1	0.00	0.00	3.00	0.00	0.00
990383 Crinkle FF McCain 1/4c	1/4c	9000	43	0.26	50	0	1.88	0.03	6.64	0.48	0.47
825856 COND PC Ketchup 9g Heinz	Each	9000	10	0.00	85	2	0.00	0.00	3.00	0.00	0.00
833552 FRUIT: CRAISINS, SS Orange1.16	Each (1.16oz)	9000	110	0.00	0	24	0.00	0.00	28.00	3.00	0.00
900015 MILK SS, Skim Chocolate	Carton	4000	110	0.00	180	18	0.00	0.00	20.00	0.00	8.00
900012 MILK SS, 1% White 8oz	Carton	500	100	1.50	120	11	2.50	0.00	11.00	0.00	8.00

Planned Menu Spreadsheet

Portion Values

Jan 4, 2021 thru Jan 30, 2021

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Fiber (g)	Protn (g)
900014 MILK SS, Skim 8oz	Carton	100	80	0.00	120	11	0.00	0.00	11.00	0.00	8.00
Weighted Daily Average			433	4.73	674	36	11.68	0.02	65.36	5.40	17.83
% of Calories				9.83%		33.3%	24.3%	0.0%	60.4%		16.5%
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0				

Thursday - 01/28/2021

Reimbursable Meal Total 10800

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Fiber (g)	Protn (g)
831183 CHIX Popcorn, AP WG 2.0	Serving	7500	256	2.78	389	1	14.46	0.00	15.58	3.34	15.58
900175 Roll, DinnerWheatAP(Alpha)1ea	each	7500	76	0.24	146	1	1.33	0.02	13.23	1.21	2.83
825867 COND PC Sauce, BBQ 12g	Each	7500	15	0.00	160	1	0.00	0.00	3.00	0.00	0.00
827499 SOUP, Veg Bean Chili SC 2.0	8oz spdl (2MMA)	1000	176	0.24	240	6	1.77	*0.10	31.26	10.08	9.42
832215 BRD: FLATBREAD 2oz (2BG)	Each	1000	180	1.00	310	2	5.00	0.00	28.00	2.69	5.00
830312 VEG: CORN, Fz 1/4c	1/4 Cup	8500	33	0.04	0	1	0.27	0.00	7.90	0.98	1.04
826581 FRUIT: ORANGE 138ct Whole 1/2c	Each(138ct)	8500	47	0.02	0	9	0.12	*N/A*	11.73	2.40	0.94
900015 MILK SS, Skim Chocolate	Carton	4000	110	0.00	180	18	0.00	0.00	20.00	0.00	8.00
900012 MILK SS, 1% White 8oz	Carton	500	100	1.50	120	11	2.50	0.00	11.00	0.00	8.00

Planned Menu Spreadsheet

Portion Values

Jan 4, 2021 thru Jan 30, 2021

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Fiber (g)	Protn (g)
900014 MILK SS, Skim 8oz	Carton	100	80	0.00	120	11	0.00	0.00	11.00	0.00	8.00
Weighted Daily Average			383	2.33	607	19	12.02	*0.02	51.04	7.00	19.08
% of Calories				5.48%		19.8%	28.2%	*0.0%	53.3%		19.9%
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0				

Friday - 01/29/2021

Reimbursable Meal Total 10800

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Fiber (g)	Protn (g)
900045 BURG, Beef AP WG 2.0	Each	7500	250	2.50	295	3	8.00	0.00	27.00	2.00	17.00
825856 COND PC Ketchup 9g Heinz	Each	7500	10	0.00	85	2	0.00	0.00	3.00	0.00	0.00
000191 Chicken, Corn Dog Mini	6 each	1500	271	3.77	422	6	12.06	*N/A*	30.15	4.52	10.55
825856 COND PC Ketchup 9g Heinz	Each	1500	10	0.00	85	2	0.00	0.00	3.00	0.00	0.00
831432 VEG: CARROTS, Fresh Baby1W1oz	1.0 ozw bag	9000	10	0.01	22	1	0.04	0.00	2.34	0.82	0.18
833326 COND PC Drsg Ranch BtrmlkFF12g	Each	9000	10	0.00	125	0	0.00	0.00	2.00	0.00	0.00
000108 FRUIT: CUP SS, Applesc Cin1/2c	Each (1/2c)	9000	50	0.00	15	12	0.00	0.00	14.00	1.00	0.00
900015 MILK SS, Skim Chocolate	Carton	4000	110	0.00	180	18	0.00	0.00	20.00	0.00	8.00
900012 MILK SS, 1% White 8oz	Carton	500	100	1.50	120	11	2.50	0.00	11.00	0.00	8.00

Planned Menu Spreadsheet

Portion Values

Jan 4, 2021 thru Jan 30, 2021

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Fiber (g)	Protn (g)
900014 MILK SS, Skim 8oz	Carton	100	80	0.00	120	11	0.00	0.00	11.00	0.00	8.00
Weighted Daily Average			324	2.33	543	23	7.38	*0.00	48.74	3.54	16.83
% of Calories				6.47%		28.4%	20.5%	*0.0%	60.2%		20.8%
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0				

			Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Fiber (g)	Protn (g)
Weighted Averages			81884	381	160090	6914	2034.04	*0.01	14799.61	2283.14	1875.52
% of Calories				4.19%		33.8%	22.4%	*0.0%	72.3%		9.2%

- *N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient
- * - denotes combined nutrient totals with either missing or incomplete nutrient data
- ¹ - denotes required nutrient values
- ² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.