

# Base Menu Spreadsheet

## Portion Values

May 3, 2021 thru May 31, 2021

**Menu Name:** K-8 Lunch 2 Entree (AB)

**Include Cost:** No

**Site:**

**Report Style:** Detailed

### Monday - 05/03/2021

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Carb (g)	Fiber (g)	Protn (g)
829155 CHIX Tender, KK (3) WG 2.0	3 Each	1	212	2.02	738	1	11.12	0.00	13.14	1.01	15.16
825953 BRD: CRACK SS, GFishChd.75ozWG	Package	1	100	1.00	170	0	3.50	0.00	14.00	1.00	3.00
825867 COND PC Sauce, BBQ 12g	Each	1	15	0.00	160	1	0.00	0.00	3.00	0.00	0.00
000277 BURR AP, MAX WRAP CHILI CHEESE WG 2.0 (2BG)	Each	1	310	3.00	580	1	11.00	0.00	37.00	5.00	16.00
830310 VEG: BEANS, Green Fz 1/4c	1/4 Cup	1	10	0.02	0	1	0.06	0.00	2.25	1.04	0.52
831449 FRUIT: CRAISINS, SS Strawb1.16	Box (1.16oz)	1	110	0.00	0	24	0.00	0.00	28.00	3.00	0.00
900015 MILK SS, Skim Chocolate	Carton	1	110	0.00	180	18	0.00	0.00	20.00	0.00	8.00
900012 MILK SS, 1% White 8oz	Carton	1	100	1.50	120	11	2.50	0.00	11.00	0.00	8.00
900014 MILK SS, Skim 8oz	Carton	1	80	0.00	120	11	0.00	0.00	11.00	0.00	8.00
Weighted Daily Average			1047	7.54	2068	68	28.17	0.00	139.38	11.06	58.68
% of Calories				6.48%		26.0%	24.2%	0.0%	53.2%		22.4%
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0				

### Tuesday - 05/04/2021

### Reimbursable Meal Total 1

# Base Menu Spreadsheet

## Portion Values

May 3, 2021 thru May 31, 2021

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Carb (g)	Fiber (g)	Protn (g)
900116 BURG, Beef AMAP WG 2.25- ALPHA	Each	1	295	4.62	495	4	11.50	0.00	27.50	2.00	19.50
825856 COND PC Ketchup 9g Heinz	Each	1	10	0.00	85	2	0.00	0.00	3.00	0.00	0.00
990373 CORN DOG, MINI TURKEY WG 2.0 (2BG)	6 Each	1	255	2.25	690	6	12.00	0.00	24.00	3.00	12.00
825862 COND PC Mustard 6g	Each	1	0	0.00	65	0	0.00	0.00	1.00	0.00	0.00
990383 VEG: POTATO, FF CRINKLE CUT (MCCAIN) 1/4C	1/4c	1	46	0.27	53	0	1.99	0.03	7.04	0.51	0.50
825856 COND PC Ketchup 9g Heinz	Each	1	10	0.00	85	2	0.00	0.00	3.00	0.00	0.00
000109 FRUIT: CUP SS, Applesc STW1/2c	Each (1/2c)	1	50	0.00	15	12	0.00	0.00	14.00	1.00	0.00
900015 MILK SS, Skim Chocolate	Carton	1	110	0.00	180	18	0.00	0.00	20.00	0.00	8.00
900012 MILK SS, 1% White 8oz	Carton	1	100	1.50	120	11	2.50	0.00	11.00	0.00	8.00
900014 MILK SS, Skim 8oz	Carton	1	80	0.00	120	11	0.00	0.00	11.00	0.00	8.00
Weighted Daily Average			956	8.65	1908	66	27.99	0.03	121.54	6.51	56.00
% of Calories				8.14%		27.6%	26.4%	0.0%	50.9%		23.4%
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0				

### Wednesday - 05/05/2021

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Carb (g)	Fiber (g)	Protn (g)
000157 BEEF Gd, Sloppy Joe Meat SS 2.0	#10 scp (2 MMA)	1	144	3.09	309	3	7.33	*0.01	6.48	1.17	12.23
990545 BUN, HAMBURGER WG (Alpha) - Indiv Overwrapped	Each	1	147	0.32	248	3	1.94	0.01	26.47	2.65	6.24

# Base Menu Spreadsheet

## Portion Values

May 3, 2021 thru May 31, 2021

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Carb (g)	Fiber (g)	Protn (g)
990575 PACK: CHIX POPCORN, PRETZEL SOFT ROD WG 2.0 (2BG)	Pack	1	326	2.78	429	1	14.96	0.00	29.58	4.34	17.58
825867 COND PC Sauce, BBQ 12g	Each	1	15	0.00	160	1	0.00	0.00	3.00	0.00	0.00
831529 VEG: BEANS, Bkd Veg AP 1/4c	1/4 Cup	1	121	0.00	257	7	0.50	0.00	21.68	4.03	5.55
000089 Fruit: Clementine GFP 1/2c 120ct	each	1	35	0.00	0	7	0.00	0.00	9.00	2.00	1.00
900015 MILK SS, Skim Chocolate	Carton	1	110	0.00	180	18	0.00	0.00	20.00	0.00	8.00
900012 MILK SS, 1% White 8oz	Carton	1	100	1.50	120	11	2.50	0.00	11.00	0.00	8.00
900014 MILK SS, Skim 8oz	Carton	1	80	0.00	120	11	0.00	0.00	11.00	0.00	8.00
Weighted Daily Average			1078	7.70	1824	63	27.24	*0.02	138.21	14.20	66.60
% of Calories				6.43%		23.4%	22.7%	*0.0%	51.3%		24.7%
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0				

### Thursday - 05/06/2021

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Carb (g)	Fiber (g)	Protn (g)
900046 HOT DOG, PLAIN TKY WG 2.0 (ALPHA)	Each	1	300	4.41	1003	4	14.18	0.01	29.16	2.70	12.73
825856 COND PC Ketchup 9g Heinz	Each	1	10	0.00	85	2	0.00	0.00	3.00	0.00	0.00
825862 COND PC Mustard 6g	Each	1	0	0.00	65	0	0.00	0.00	1.00	0.00	0.00
000491 MELT BD, AM WG 2.0	Sandwich	1	363	10.90	1297	6	19.42	0.00	27.40	2.40	17.74
990377 VEG: POTATO, TATER TOTS (MCCAIN) 1/4C	1/4c	1	46	0.21	84	0	1.68	0.00	7.16	0.84	0.42

# Base Menu Spreadsheet

## Portion Values

May 3, 2021 thru May 31, 2021

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Carb (g)	Fiber (g)	Protn (g)
825856 COND PC Ketchup 9g Heinz	Each	1	10	0.00	85	2	0.00	0.00	3.00	0.00	0.00
000082 FRUIT: APPLE, 198ct GFP 1c	Each(198ct)	1	43	0.02	1	9	0.14	0.00	11.51	2.00	0.22
900015 MILK SS, Skim Chocolate	Carton	1	110	0.00	180	18	0.00	0.00	20.00	0.00	8.00
900012 MILK SS, 1% White 8oz	Carton	1	100	1.50	120	11	2.50	0.00	11.00	0.00	8.00
900014 MILK SS, Skim 8oz	Carton	1	80	0.00	120	11	0.00	0.00	11.00	0.00	8.00
Weighted Daily Average			1063	17.05	3040	62	37.93	0.01	124.23	7.94	55.11
% of Calories				14.44%		23.3%	32.1%	0.0%	46.7%		20.7%
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0				

## Friday - 05/07/2021

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Carb (g)	Fiber (g)	Protn (g)
990532 PIZZA AP TONY 4X6 SSG 100% WG 2.0	Each	1	300	4.50	470	8	10.00	0.00	35.00	5.00	16.00
000133 TACO BfGd Soft SS WG 2.0 2ea	2 Each	1	337	6.92	508	2	14.71	*0.00	32.09	4.28	18.59
825869 COND PC Sauce, Taco 9g	Each	1	5	0.00	55	0	0.00	0.00	1.00	0.00	0.00
826372 VEG: SALAD, SIDE ROMMIX AP 1/2c	1/2 Cup	1	6	0.00	4	1	0.00	0.00	1.21	0.40	0.40
833328 COND PC, DRESSING ITALIAN FF 12g	Packet	1	5	0.00	120	0	0.00	0.00	1.00	0.00	0.00
826581 FRUIT: ORANGE 138ct Whole 1/2c	Each(138ct)	1	47	0.02	0	9	0.12	*N/A*	11.73	2.40	0.94
900015 MILK SS, Skim Chocolate	Carton	1	110	0.00	180	18	0.00	0.00	20.00	0.00	8.00

# Base Menu Spreadsheet

## Portion Values

May 3, 2021 thru May 31, 2021

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Carb (g)	Fiber (g)	Protn (g)
900012 MILK SS, 1% White 8oz	Carton	1	100	1.50	120	11	2.50	0.00	11.00	0.00	8.00
900014 MILK SS, Skim 8oz	Carton	1	80	0.00	120	11	0.00	0.00	11.00	0.00	8.00
Weighted Daily Average			990	12.93	1577	60	27.33	*0.00	124.02	12.07	59.93
% of Calories				11.75%		24.2%	24.8%	*0.0%	50.1%		24.2%
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0				

### Monday - 05/10/2021

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Carb (g)	Fiber (g)	Protn (g)
000179 BRD: PANCAKES, AP WG Confetti	Pouch	1	220	1.00	300	11	7.00	0.00	36.00	4.00	4.00
829505 CHIX Sausage Patty 2ea 2.0	2 Patty	1	200	3.00	460	0	12.00	0.00	2.00	0.00	22.00
990332 Pizza Crunchers	serving	1	420	9.00	670	3	20.00	0.00	41.00	6.00	20.00
990377 VEG: POTATO, TATER TOTS (MCCAIN) 1/4C	1/4c	1	46	0.21	84	0	1.68	0.00	7.16	0.84	0.42
825856 COND PC Ketchup 9g Heinz	Each	1	10	0.00	85	2	0.00	0.00	3.00	0.00	0.00
000116 FRUIT: CUP SS, Applesc 1/2c	Each (1/2c)	1	50	0.00	15	12	0.00	0.00	14.00	1.00	0.00
900015 MILK SS, Skim Chocolate	Carton	1	110	0.00	180	18	0.00	0.00	20.00	0.00	8.00
900012 MILK SS, 1% White 8oz	Carton	1	100	1.50	120	11	2.50	0.00	11.00	0.00	8.00

# Base Menu Spreadsheet

## Portion Values

May 3, 2021 thru May 31, 2021

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Carb (g)	Fiber (g)	Protn (g)
900014 MILK SS, Skim 8oz	Carton	1	80	0.00	120	11	0.00	0.00	11.00	0.00	8.00
Weighted Daily Average			1236	14.71	2034	68	43.18	0.00	145.16	11.84	70.42
% of Calories				10.71%		22.0%	31.4%	0.0%	47.0%		22.8%
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0				

## Tuesday - 05/11/2021

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Carb (g)	Fiber (g)	Protn (g)
990579 PACK: BEEF SALIS STK, EGG NDLS, BF GRVY SS NON-WG2	Pack	1	342	6.85	495	4	16.65	0.14	28.99	2.28	18.59
900044 SDW BN, ChixPty Pln WG/WG 2.0	Sandwich	1	347	2.32	698	3	11.94	0.01	38.47	3.65	22.24
825867 COND PC Sauce, BBQ 12g	Each	1	15	0.00	160	1	0.00	0.00	3.00	0.00	0.00
830312 VEG: CORN, FZ 1/4c	1/4 Cup	1	34	0.04	0	1	0.28	0.00	8.13	1.01	1.07
000089 Fruit: Clementine GFP 1/2c 120ct	each	1	35	0.00	0	7	0.00	0.00	9.00	2.00	1.00
900015 MILK SS, Skim Chocolate	Carton	1	110	0.00	180	18	0.00	0.00	20.00	0.00	8.00
900012 MILK SS, 1% White 8oz	Carton	1	100	1.50	120	11	2.50	0.00	11.00	0.00	8.00
900014 MILK SS, Skim 8oz	Carton	1	80	0.00	120	11	0.00	0.00	11.00	0.00	8.00
Weighted Daily Average			1063	10.71	1774	56	31.37	0.15	129.58	8.94	66.90
% of Calories				9.07%		21.1%	26.6%	0.1%	48.8%		25.2%
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0				

# Base Menu Spreadsheet

## Portion Values

May 3, 2021 thru May 31, 2021

### Wednesday - 05/12/2021

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Carb (g)	Fiber (g)	Protn (g)
990535 SDW AP, CHEESY PULL APART SW QUESO WG IW 2 (2BG)	Each	1	300	6.00	580	5	13.00	0.00	33.00	2.00	14.00
900045 BURG, BEEF AP WG 2.0 (2BG) (ALPHA)	Each	1	257	2.82	293	3	7.94	0.01	28.47	2.65	17.24
825862 COND PC Mustard 6g	Each	1	0	0.00	65	0	0.00	0.00	1.00	0.00	0.00
990383 VEG: POTATO, FF CRINKLE CUT (MCCAIN) 1/4C	1/4c	1	46	0.27	53	0	1.99	0.03	7.04	0.51	0.50
825856 COND PC Ketchup 9g Heinz	Each	1	10	0.00	85	2	0.00	0.00	3.00	0.00	0.00
826581 FRUIT: ORANGE 138ct Whole 1/2c	Each(138ct)	1	47	0.02	0	9	0.12	*N/A*	11.73	2.40	0.94
900015 MILK SS, Skim Chocolate	Carton	1	110	0.00	180	18	0.00	0.00	20.00	0.00	8.00
900012 MILK SS, 1% White 8oz	Carton	1	100	1.50	120	11	2.50	0.00	11.00	0.00	8.00
900014 MILK SS, Skim 8oz	Carton	1	80	0.00	120	11	0.00	0.00	11.00	0.00	8.00
Weighted Daily Average			950	10.61	1497	60	25.55	*0.04	126.23	7.55	56.68
% of Calories				10.05%		25.3%	24.2%	*0.0%	53.1%		23.9%
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0				

### Thursday - 05/13/2021

### Reimbursable Meal Total 1

# Base Menu Spreadsheet

## Portion Values

May 3, 2021 thru May 31, 2021

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Carb (g)	Fiber (g)	Protn (g)
990564 PACK: RAVIOLI JMB CHZ, MARINARA SAUCE AP WG 2(1BG)	Pack	1	210	1.50	480	4	4.00	0.00	28.00	2.50	16.00
990571 MELT SUB AP, CHIXMTBL PIZZA SS 2.0 (W/O BUN)	Serving	1	215	4.42	585	3	11.67	0.00	10.17	2.67	15.83
990572 BUN, HOT DOG WG (Alpha) - Indiv Overwrapped	Each	1	150	0.41	263	4	2.18	0.01	27.16	2.70	5.73
826372 VEG: SALAD, SIDE ROMMIX AP 1/2c	1/2 Cup	1	6	0.00	4	1	0.00	0.00	1.21	0.40	0.40
833328 COND PC, DRESSING ITALIAN FF 12g	Packet	1	5	0.00	120	0	0.00	0.00	1.00	0.00	0.00
000082 FRUIT: APPLE, 198ct GFP 1c	Each(198ct)	1	43	0.02	1	9	0.14	0.00	11.51	2.00	0.22
900015 MILK SS, Skim Chocolate	Carton	1	110	0.00	180	18	0.00	0.00	20.00	0.00	8.00
900012 MILK SS, 1% White 8oz	Carton	1	100	1.50	120	11	2.50	0.00	11.00	0.00	8.00
900014 MILK SS, Skim 8oz	Carton	1	80	0.00	120	11	0.00	0.00	11.00	0.00	8.00
Weighted Daily Average			920	7.85	1873	60	20.49	0.01	121.05	10.27	62.18
% of Calories				7.68%		26.1%	20.0%	0.0%	52.6%		27.0%
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0				

### Friday - 05/14/2021

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Carb (g)	Fiber (g)	Protn (g)
990573 PACK: CHIX DRUMSTK OVRSTD, BISC MINI APWG 2.5(1BG)	Pack	1	260	6.50	530	1	15.00	0.00	16.00	1.00	18.00
990565 PACK: BEEF MEATLOAF CHZBRGR AP, BRDSTK ALPHA 2(1)	Pack	1	253	6.07	518	5	12.37	0.05	20.80	2.14	13.45



# Base Menu Spreadsheet

## Portion Values

May 3, 2021 thru May 31, 2021

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Carb (g)	Fiber (g)	Protn (g)
831549 VEG: POTATO, Mashed 1/4c	1/4 Cup	1	34	0.00	51	0	0.21	0.00	7.69	0.43	0.86
000089 Fruit: Clementine GFP 1/2c 120ct	each	1	35	0.00	0	7	0.00	0.00	9.00	2.00	1.00
900015 MILK SS, Skim Chocolate	Carton	1	110	0.00	180	18	0.00	0.00	20.00	0.00	8.00
900012 MILK SS, 1% White 8oz	Carton	1	100	1.50	120	11	2.50	0.00	11.00	0.00	8.00
900014 MILK SS, Skim 8oz	Carton	1	80	0.00	120	11	0.00	0.00	11.00	0.00	8.00
Weighted Daily Average			872	14.07	1519	53	30.08	0.05	95.49	5.57	57.30
% of Calories				14.52%		24.3%	31.0%	0.1%	43.8%		26.3%
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0				

### Monday - 05/17/2021

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Carb (g)	Fiber (g)	Protn (g)
990543 Fun Lunch: Corn Dog Mini Tky Pret Bite Chz WG 2.0	Serving	1	338	7.88	987	3	16.50	0.00	30.50	3.50	15.50
990566 PACK: CHIX NUGGET, BRDSTK ALPHA WG 2.0 (2BG)	Pack	1	265	1.97	572	0	10.52	0.00	25.48	2.41	18.94
825867 COND PC Sauce, BBQ 12g	Each	1	15	0.00	160	1	0.00	0.00	3.00	0.00	0.00
990383 VEG: POTATO, FF CRINKLE CUT (MCCAIN) 1/4C	1/4c	1	46	0.27	53	0	1.99	0.03	7.04	0.51	0.50
825856 COND PC Ketchup 9g Heinz	Each	1	10	0.00	85	2	0.00	0.00	3.00	0.00	0.00
826581 FRUIT: ORANGE 138ct Whole 1/2c	Each(138ct)	1	47	0.02	0	9	0.12	*N/A*	11.73	2.40	0.94

# Base Menu Spreadsheet

## Portion Values

May 3, 2021 thru May 31, 2021

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Carb (g)	Fiber (g)	Protn (g)
900015 MILK SS, Skim Chocolate	Carton	1	110	0.00	180	18	0.00	0.00	20.00	0.00	8.00
900012 MILK SS, 1% White 8oz	Carton	1	100	1.50	120	11	2.50	0.00	11.00	0.00	8.00
900014 MILK SS, Skim 8oz	Carton	1	80	0.00	120	11	0.00	0.00	11.00	0.00	8.00
Weighted Daily Average			1011	11.63	2277	56	31.62	*0.03	122.74	8.81	59.88
% of Calories				10.35%		22.2%	28.1%	*0.0%	48.6%		23.7%
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0				

## Tuesday - 05/18/2021

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Carb (g)	Fiber (g)	Protn (g)
990530 SDW AP, CHEESY PULL APART ITALIAN CHZ WG IW 2 (2BG)	Each	1	300	6.00	520	5	13.00	0.00	32.00	2.00	14.00
832545 COND_Sauce, Pizza AP 1/4c	1/4 Cup	1	30	0.00	320	3	0.00	0.00	5.00	2.00	1.00
000486 MELT BN, FishPty AM WG/WG 2.25	Sandwich	1	352	3.44	728	5	11.44	0.01	42.97	4.65	22.74
825871 COND PC Sauce, Tartar 12g	Each	1	45	0.50	85	2	4.00	0.00	2.00	0.00	0.00
990377 VEG: POTATO, TATER TOTS (MCCAIN) 1/4C	1/4c	1	46	0.21	84	0	1.68	0.00	7.16	0.84	0.42
825856 COND PC Ketchup 9g Heinz	Each	1	10	0.00	85	2	0.00	0.00	3.00	0.00	0.00
000082 FRUIT: APPLE, 198ct GFP 1c	Each(198ct)	1	43	0.02	1	9	0.14	0.00	11.51	2.00	0.22
900015 MILK SS, Skim Chocolate	Carton	1	110	0.00	180	18	0.00	0.00	20.00	0.00	8.00

# Base Menu Spreadsheet

## Portion Values

May 3, 2021 thru May 31, 2021

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Carb (g)	Fiber (g)	Protn (g)
900012 MILK SS, 1% White 8oz	Carton	1	100	1.50	120	11	2.50	0.00	11.00	0.00	8.00
900014 MILK SS, Skim 8oz	Carton	1	80	0.00	120	11	0.00	0.00	11.00	0.00	8.00
Weighted Daily Average			1117	11.68	2243	66	32.77	0.01	145.64	11.49	62.38
% of Calories				9.41%		23.6%	26.4%	0.0%	52.2%		22.3%
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0				

### Wednesday - 05/19/2021

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Carb (g)	Fiber (g)	Protn (g)
990531 PIZZA AP TONY 4X6 CHZ 100% WG 2.0	Each	1	300	5.00	580	14	11.00	0.00	35.00	4.00	16.00
990574 PACK: CHIX POPCORN SPCY, BRDSTK ALPHA WG 2.0 (2BG)	Pack	1	312	2.78	497	1	14.46	0.00	29.06	3.31	16.54
825867 COND PC Sauce, BBQ 12g	Each	1	15	0.00	160	1	0.00	0.00	3.00	0.00	0.00
831434 VEG: CARROTS, Fresh BabyIW2oz	2.0 ozw bag	1	20	0.01	44	3	0.07	0.00	4.67	1.64	0.36
833326 COND PC Drsg Ranch BtrmlkFF12g	Each	1	10	0.00	125	0	0.00	0.00	2.00	0.00	0.00
000109 FRUIT: CUP SS, Applesc STW1/2c	Each (1/2c)	1	50	0.00	15	12	0.00	0.00	14.00	1.00	0.00
900015 MILK SS, Skim Chocolate	Carton	1	110	0.00	180	18	0.00	0.00	20.00	0.00	8.00
900012 MILK SS, 1% White 8oz	Carton	1	100	1.50	120	11	2.50	0.00	11.00	0.00	8.00

# Base Menu Spreadsheet

## Portion Values

May 3, 2021 thru May 31, 2021

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Carb (g)	Fiber (g)	Protn (g)
900014 MILK SS, Skim 8oz	Carton	1	80	0.00	120	11	0.00	0.00	11.00	0.00	8.00
Weighted Daily Average			997	9.29	1841	71	28.04	0.00	129.73	9.95	56.90
% of Calories				8.39%		28.5%	25.3%	0.0%	52.0%		22.8%
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0				

### Thursday - 05/20/2021

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Carb (g)	Fiber (g)	Protn (g)
990577 PACK: PASTA, SPAG WITH CHIXMTBL & SAUCE SS WG 2(1)	Pack	1	341	3.50	252	8	12.76	0.00	37.08	5.36	19.71
990579 PACK: BEEF SALIS STK, EGG NDLS, BF GRVY SS NON-WG2	Pack	1	342	6.85	495	4	16.65	0.14	28.99	2.28	18.59
990521 VEG: BLEND, 5 Way Mix Fz 1/4c	1/4 Cup	1	53	0.02	28	3	0.12	0.00	10.58	3.56	2.31
833552 FRUIT: CRAISINS, SS Orange1.16	Each (1.16oz)	1	110	0.00	0	24	0.00	0.00	28.00	3.00	0.00
900015 MILK SS, Skim Chocolate	Carton	1	110	0.00	180	18	0.00	0.00	20.00	0.00	8.00
900012 MILK SS, 1% White 8oz	Carton	1	100	1.50	120	11	2.50	0.00	11.00	0.00	8.00
900014 MILK SS, Skim 8oz	Carton	1	80	0.00	120	11	0.00	0.00	11.00	0.00	8.00
Weighted Daily Average			1136	11.87	1196	78	32.03	0.14	146.65	14.20	64.61
% of Calories				9.40%		27.5%	25.4%	0.1%	51.6%		22.8%
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0				

### Friday - 05/21/2021

### Reimbursable Meal Total 1

# Base Menu Spreadsheet

## Portion Values

May 3, 2021 thru May 31, 2021

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Carb (g)	Fiber (g)	Protn (g)
990541 NACHOS BFGD AP Bn CHZ - w/o Chips	Serving	1	217	5.40	661	1	9.62	0.06	17.67	3.25	14.04
831270 SNACK: CHIP SS, Tort Bkd ScpWG	Package	1	110	0.00	125	0	2.50	0.00	19.00	2.00	2.00
829526 STICKS, MAX SNAX PIZZA AP WG 2.0 2EA	2 Each	1	280	2.00	440	2	9.00	0.00	30.00	2.00	16.00
832545 COND_Sauce, Pizza AP 1/4c	1/4 Cup	1	30	0.00	320	3	0.00	0.00	5.00	2.00	1.00
826372 VEG: SALAD, SIDE ROMMIX AP 1/2c	1/2 Cup	1	6	0.00	4	1	0.00	0.00	1.21	0.40	0.40
833326 COND PC Drsg Ranch BtrmlkFF12g	Each	1	10	0.00	125	0	0.00	0.00	2.00	0.00	0.00
000089 Fruit: Clementine GFP 1/2c 120ct	each	1	35	0.00	0	7	0.00	0.00	9.00	2.00	1.00
900015 MILK SS, Skim Chocolate	Carton	1	110	0.00	180	18	0.00	0.00	20.00	0.00	8.00
900012 MILK SS, 1% White 8oz	Carton	1	100	1.50	120	11	2.50	0.00	11.00	0.00	8.00
900014 MILK SS, Skim 8oz	Carton	1	80	0.00	120	11	0.00	0.00	11.00	0.00	8.00
Weighted Daily Average			978	8.90	2095	54	23.62	0.06	125.88	11.65	58.45
% of Calories				8.19%		22.1%	21.7%	0.1%	51.5%		23.9%
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0				

### Monday - 05/24/2021

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Carb (g)	Fiber (g)	Protn (g)
900046 HOT DOG, PLAIN TKY WG 2.0 (ALPHA)	Each	1	300	4.41	1003	4	14.18	0.01	29.16	2.70	12.73

# Base Menu Spreadsheet

## Portion Values

May 3, 2021 thru May 31, 2021

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Carb (g)	Fiber (g)	Protn (g)
825856 COND PC Ketchup 9g Heinz	Each	1	10	0.00	85	2	0.00	0.00	3.00	0.00	0.00
825862 COND PC Mustard 6g	Each	1	0	0.00	65	0	0.00	0.00	1.00	0.00	0.00
990553 MELT SUB AP, CHIXMTBL BBQ SS 2.0 (Alpha)	Sandwich	1	418	3.74	849	25	13.01	0.01	56.99	3.53	19.90
831434 VEG: CARROTS, Fresh BabyIW2oz	2.0 ozw bag	1	20	0.01	44	3	0.07	0.00	4.67	1.64	0.36
833326 COND PC Drsg Ranch BtrmlkFF12g	Each	1	10	0.00	125	0	0.00	0.00	2.00	0.00	0.00
826581 FRUIT: ORANGE 138ct Whole 1/2c	Each(138ct)	1	47	0.02	0	9	0.12	*N/A*	11.73	2.40	0.94
900015 MILK SS, Skim Chocolate	Carton	1	110	0.00	180	18	0.00	0.00	20.00	0.00	8.00
900012 MILK SS, 1% White 8oz	Carton	1	100	1.50	120	11	2.50	0.00	11.00	0.00	8.00
900014 MILK SS, Skim 8oz	Carton	1	80	0.00	120	11	0.00	0.00	11.00	0.00	8.00
Weighted Daily Average			1095	9.68	2591	83	29.89	*0.02	150.55	10.27	57.93
% of Calories				7.96%		30.3%	24.6%	*0.0%	55.0%		21.2%
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0				

Tuesday - 05/25/2021

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Carb (g)	Fiber (g)	Protn (g)
990559 PIZZA AP TONY GALAXY PEPP 4IN ROUND IW WG 2.0	Each	1	290	6.00	490	5	13.00	0.00	26.00	3.00	16.00
990580 PACK: FR TST STK AP (3), CHIX SSG PTY (2) WG 2(1.5)	Pack	1	395	4.50	685	7	19.50	0.00	30.50	2.25	26.50

# Base Menu Spreadsheet

## Portion Values

May 3, 2021 thru May 31, 2021

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Carb (g)	Fiber (g)	Protn (g)
990377 VEG: POTATO, TATER TOTS (MCCAIN) 1/4C	1/4c	1	46	0.21	84	0	1.68	0.00	7.16	0.84	0.42
825856 COND PC Ketchup 9g Heinz	Each	1	10	0.00	85	2	0.00	0.00	3.00	0.00	0.00
000108 FRUIT: CUP SS, Applesc Cin1/2c	Each (1/2c)	1	50	0.00	15	12	0.00	0.00	14.00	1.00	0.00
900015 MILK SS, Skim Chocolate	Carton	1	110	0.00	180	18	0.00	0.00	20.00	0.00	8.00
900012 MILK SS, 1% White 8oz	Carton	1	100	1.50	120	11	2.50	0.00	11.00	0.00	8.00
900014 MILK SS, Skim 8oz	Carton	1	80	0.00	120	11	0.00	0.00	11.00	0.00	8.00
Weighted Daily Average			1081	12.21	1779	66	36.68	0.00	122.66	7.09	66.92
% of Calories				10.17%		24.4%	30.5%	0.0%	45.4%		24.8%
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0				

### Wednesday - 05/26/2021

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Carb (g)	Fiber (g)	Protn (g)
900045 BURG, BEEF AP WG 2.0 (2BG) (ALPHA)	Each	1	257	2.82	293	3	7.94	0.01	28.47	2.65	17.24
825862 COND PC Mustard 6g	Each	1	0	0.00	65	0	0.00	0.00	1.00	0.00	0.00
990544 MELT BN, CHIXPTY PARM WG 2.5 (1BG) (W/O BUN)	Serving	1	278	4.42	636	2	14.42	0.00	15.00	1.75	21.50
990545 BUN, HAMBURGER WG (Alpha) - Indiv Overwrapped	Each	1	147	0.32	248	3	1.94	0.01	26.47	2.65	6.24
830312 VEG: CORN, FZ 1/4c	1/4 Cup	1	34	0.04	0	1	0.28	0.00	8.13	1.01	1.07

# Base Menu Spreadsheet

## Portion Values

May 3, 2021 thru May 31, 2021

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Carb (g)	Fiber (g)	Protn (g)
000194 FRUIT: CRAISINS, SS Waterm1.16	Box (1.16oz)	1	110	0.00	0	24	0.00	0.00	28.00	3.00	0.00
900015 MILK SS, Skim Chocolate	Carton	1	110	0.00	180	18	0.00	0.00	20.00	0.00	8.00
900012 MILK SS, 1% White 8oz	Carton	1	100	1.50	120	11	2.50	0.00	11.00	0.00	8.00
900014 MILK SS, Skim 8oz	Carton	1	80	0.00	120	11	0.00	0.00	11.00	0.00	8.00
Weighted Daily Average			1116	9.10	1662	74	27.08	0.02	149.07	11.06	70.05
% of Calories				7.34%		26.5%	21.8%	0.0%	53.4%		25.1%
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0				

### Thursday - 05/27/2021

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Carb (g)	Fiber (g)	Protn (g)
990550 SDW BN, CHAM TKY PV WG 2.0 (Alpha)	Sandwich	1	317	6.33	735	4	12.22	0.01	29.48	2.65	21.79
825862 COND PC Mustard 6g	Each	1	0	0.00	65	0	0.00	0.00	1.00	0.00	0.00
900046 HOT DOG, PLAIN TKY WG 2.0 (ALPHA)	Each	1	300	4.41	1003	4	14.18	0.01	29.16	2.70	12.73
825856 COND PC Ketchup 9g Heinz	Each	1	10	0.00	85	2	0.00	0.00	3.00	0.00	0.00
825862 COND PC Mustard 6g	Each	1	0	0.00	65	0	0.00	0.00	1.00	0.00	0.00
000177 VEG: SALAD, POTATO AP 1/2C (3/8C VEG)	1/2 Cup	1	220	2.00	540	7	12.00	0.00	27.01	3.00	2.00
832571 FRUIT: APPLE, Slcd IW 2oz	Each	1	30	0.00	0	6	0.00	0.00	7.00	1.00	0.00
833553 SNACK: BAR, RiceKrTrt MiniWGIW	Each	1	50	0.00	45	3	1.00	0.00	9.00	0.00	0.00



# Base Menu Spreadsheet

## Portion Values

May 3, 2021 thru May 31, 2021

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Carb (g)	Fiber (g)	Protn (g)
900015 MILK SS, Skim Chocolate	Carton	1	110	0.00	180	18	0.00	0.00	20.00	0.00	8.00
900012 MILK SS, 1% White 8oz	Carton	1	100	1.50	120	11	2.50	0.00	11.00	0.00	8.00
900014 MILK SS, Skim 8oz	Carton	1	80	0.00	120	11	0.00	0.00	11.00	0.00	8.00
Weighted Daily Average			1218	14.24	2958	65	41.90	0.02	148.65	9.35	60.52
% of Calories				10.52%		21.3%	31.0%	0.0%	48.8%		19.9%
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0				

## Friday - 05/28/2021

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Carb (g)	Fiber (g)	Protn (g)
000133 TACO BfGd Soft SS WG 2.0 2ea	2 Each	1	337	6.92	508	2	14.71	*0.00	32.09	4.28	18.59
825869 COND PC Sauce, Taco 9g	Each	1	5	0.00	55	0	0.00	0.00	1.00	0.00	0.00
990576 PACK: PASTA, ROTINI WITH MEATSAUCE SS WG 2.0 (1BG)	Pack	1	292	3.09	250	9	8.37	0.00	35.09	4.86	16.92
826372 VEG: SALAD, SIDE ROMMIX AP 1/2c	1/2 Cup	1	6	0.00	4	1	0.00	0.00	1.21	0.40	0.40
833326 COND PC Drsg Ranch BtrmlkFF12g	Each	1	10	0.00	125	0	0.00	0.00	2.00	0.00	0.00
000089 Fruit: Clementine GFP 1/2c 120ct	each	1	35	0.00	0	7	0.00	0.00	9.00	2.00	1.00
900015 MILK SS, Skim Chocolate	Carton	1	110	0.00	180	18	0.00	0.00	20.00	0.00	8.00
900012 MILK SS, 1% White 8oz	Carton	1	100	1.50	120	11	2.50	0.00	11.00	0.00	8.00

# Base Menu Spreadsheet

## Portion Values

May 3, 2021 thru May 31, 2021

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Carb (g)	Fiber (g)	Protn (g)
900014 MILK SS, Skim 8oz	Carton	1	80	0.00	120	11	0.00	0.00	11.00	0.00	8.00
Weighted Daily Average			975	11.51	1362	59	25.58	*0.00	122.39	11.54	60.91
% of Calories				10.62%		24.2%	23.6%	*0.0%	50.2%		25.0%
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0				

			Cals <sup>1</sup> (kcal)	S-Fat <sup>1</sup> (g)	Sodm <sup>1</sup> (mg)	Sugars (g)	T-Fat (g)	Tr-Fat <sup>2</sup> (g)	Carb (g)	Fiber (g)	Protn (g)
Weighted Averages			1045	11	1956	64	30.43	*0.03	131.44	10.07	61.42
% of Calories				9.56%		24.5%	26.2%	*0.0%	50.3%		23.5%

- \*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient
- \* - denotes combined nutrient totals with either missing or incomplete nutrient data
- <sup>1</sup> - denotes required nutrient values
- <sup>2</sup> - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

**NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.**