

MARCH 2021 LUNCH

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1</p> <p>Deep Dish Galaxy Pepperoni Pizza or Chicken Nuggets Pretzel Rod & BBQ Sauce</p> <p>Baby Carrots Buttermilk Ranch Dressing Flavored Applesauce Milk</p>	<p>2</p> <p>Classic Hamburger Mustard or Chicken Penne & Alfredo Sauce</p> <p>French Fries Ketchup Clementine Milk</p>	<p>3</p> <p>Hot Diggity Dog Ketchup & Mustard or Turkey Cheese Melt</p> <p>Tater Tots Ketchup Fresh Apple Milk</p>	<p>4</p> <p>Breaded Chicken Sandwich BBQ Sauce or Pizza Crunchers +</p> <p>Tossed Salad Buttermilk Ranch Dressing Watermelon Craisins Milk</p>	<p>5</p> <p>Deep Dish Galaxy Cheese Pizza + or Fish Patty Melt Tartar Sauce</p> <p>Sweet Golden Corn Fresh Orange Milk</p>
<p>8</p> <p>Chicken Tenders Goldfish Crackers & BBQ Sauce or Corn Dog Mustard</p> <p>French Fries Ketchup Fresh Apple Milk</p>	<p>9</p> <p>Italian Cheese & Garlic Cheesy Pull Aparts + Pizza Dipping Sauce or Cheeseburger Ketchup</p> <p>Tater Tots Ketchup Clementine Milk</p>	<p>10</p> <p>Beef & Cheese Tacos Taco Sauce or Mac & Cheese +</p> <p>Tossed Salad Buttermilk Ranch Dressing Flavored Applesauce Milk</p>	<p>11</p> <p>Confetti Pancakes Sausage Patty ▲ or Nacho Combo Tostito's Scoops</p> <p>Sweet Golden Corn Strawberry Craisins Milk</p>	<p>12</p> <p>All American Cheese Melt + or Pizza Dippers + Pizza Dipping Sauce</p> <p>Steamed Mixed Veggies Fresh Apple Milk</p>
<p>15</p> <p>Classic Hamburger Mustard or Chicken Nuggets Pretzel Rod & BBQ Sauce</p> <p>Tater Tots Ketchup Fresh Apple Milk</p>	<p>16</p> <p>Chicken Parmesan Sandwich or BBQ Meatball Sub</p> <p>Steamed Mixed Veggies Fresh Orange Milk</p>	<p>17</p> <p>Nacho Combo Tostito's Scoops or All American Cheese Melt +</p> <p> Steamed Green Peas Apple Slices Milk <i>Mini Rice Krispie Treat</i></p>	<p>18</p> <p>Pizza Crunchers + or Mini Maple Waffles + Cheddar Cheese Omelet</p> <p>Tater Tots Ketchup Orange Craisins Milk</p>	<p>19 <i>First Day of Spring</i></p> <p>Deep Dish Galaxy Cheese Pizza + or Mac & Cheese +</p> <p>Tossed Salad Buttermilk Ranch Dressing Flavored Applesauce Milk</p>
<p>22</p> <p>French Toast Sticks Sausage Patty ▲ or Popcorn Chicken Pretzel Rod & BBQ Sauce</p> <p>Tater Tots Ketchup Fresh Apple Milk</p>	<p>23</p> <p>Hot Diggity Dog Ketchup & Mustard or Turkey Cheese Melt</p> <p>French Fries Ketchup Clementine Milk</p>	<p>24</p> <p>Rotini & Meat Sauce or Breaded Chicken Sandwich BBQ Sauce</p> <p>Sweet Golden Corn Orange Craisins Milk</p>	<p>25</p> <p>Chicken Tenders Pretzel Rod & BBQ Sauce or Chili Cheese Burrito +</p> <p>Tossed Salad Buttermilk Ranch Dressing Fresh Apple Milk</p>	<p>26</p> <p>Jumbo Ravioli Marinara Sauce or Mozzarella Sticks + Pizza Dipping Sauce</p> <p>Baby Carrots Buttermilk Ranch Dressing Flavored Applesauce Milk</p>
<p>29</p> <p>Classic Hamburger Mustard or Mini Corn Dogs Ketchup</p> <p>French Fries Ketchup Fresh Apple Milk</p>	<p>30</p> <p>Mac & Cheese + or Hot Diggity Dog Ketchup & Mustard</p> <p>Tossed Salad Buttermilk Ranch Dressing Fresh Orange Milk</p>	<p>31</p> <p>Pizza Dippers + Pizza Dipping Sauce or All American Cheese Melt +</p> <p>Baby Carrots Buttermilk Ranch Dressing Watermelon Craisins Milk</p>	<p>National Nutrition Month</p> <p>Let's talk about electrolytes! Electrolytes are minerals found in your blood that help regulate fluids in the body, control blood pressure, regulate muscle contraction, and keep the body functioning properly. There are 4 electrolytes: sodium, potassium, magnesium, and calcium. Low electrolyte balance can lead to dehydration and muscle cramping. Check out these electrolyte filled foods:</p> <p>   </p> <p>*https://health.clevelandclinic.org/electrolyte-drinks-beneficial-or-not/</p>	



What's a leprechaun's favorite kind of music?

SHAM-rock & roll!

Menu Subject to Change

▲ Contains no pork + Contains no meat

Milk contains no artificial growth hormones or antibiotics. We use heart healthy whole-grain breads and serve 100% fruit juice. Nutrition and allergen information available at www.FSPPro.com

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