

Planned Menu Spreadsheet

Portion Values

Feb 1, 2021 thru Feb 27, 2021

Menu Name: K-8 Lunch 2 Entree (AB) **Include Cost:** No
Site: 1 - Archdiocese of Chicago **Report Style:** Detailed

Monday - 02/01/2021

Reimbursable Meal Total 10000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Protn (g)
000037 Pizza Tony's Galaxy Smart Pep	Pizza	8000	290	6.00	520	9	12.00	0.00	29.00	16.00
825806 CHIX Nugget, WG (5) 2.0	5 Each	2000	203	1.90	444	0	10.15	0.00	12.68	16.49
827153 BRD: PRETZEL, Soft Rod1ozWG1ea	Each	2000	70	0.00	65	0	0.50	0.00	14.00	2.00
825867 COND PC Sauce, BBQ 12g	Each	2000	15	0.00	160	1	0.00	0.00	3.00	0.00
990383 Crinkle FF McCain 1/4c	1/4c	10000	43	0.26	50	0	1.88	0.03	6.64	0.47
825856 COND PC Ketchup 9g Heinz	Each	10000	10	0.00	85	2	0.00	0.00	3.00	0.00
833552 FRUIT: CRAISINS, SS Orange1.16	Each (1.16oz)	10000	110	0.00	0	24	0.00	0.00	28.00	0.00
900015 MILK SS, Skim Chocolate	Carton	8000	110	0.00	180	18	0.00	0.00	20.00	8.00
900012 MILK SS, 1% White 8oz	Carton	1500	100	1.50	120	11	2.50	0.00	11.00	8.00
900014 MILK SS, Skim 8oz	Carton	500	80	0.00	120	11	0.00	0.00	11.00	8.00
Weighted Daily Average			560	5.66	853	50	13.98	0.03	84.98	24.97
% of Calories				9.10%		35.7%	22.5%	0.0%	60.7%	17.8%
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0			

Tuesday - 02/02/2021

Reimbursable Meal Total 10400

Planned Menu Spreadsheet

Portion Values

Feb 1, 2021 thru Feb 27, 2021

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Protn (g)
000191 Chicken, Corn Dog Mini	6 each	9000	271	3.77	422	6	12.06	*N/A*	30.15	10.55
825856 COND PC Ketchup 9g Heinz	Each	9000	10	0.00	85	2	0.00	0.00	3.00	0.00
900045 BURG, Beef AP WG 2.0	Each	1400	250	2.50	295	3	8.00	0.00	27.00	17.00
825862 COND PC Mustard 6g	Each	1400	0	0.00	65	0	0.00	0.00	1.00	0.00
831434 VEG: CARROTS, Fresh BabyIW2oz	2.0 ozw bag	10400	20	0.01	44	3	0.07	0.00	4.67	0.36
833326 COND PC Drsg Ranch BtrmlkFF12g	Each	10400	10	0.00	125	0	0.00	0.00	2.00	0.00
826581 FRUIT: ORANGE 138ct Whole 1/2c	Each(138ct)	10400	47	0.02	0	9	0.12	*N/A*	11.73	0.94
900015 MILK SS, Skim Chocolate	Carton	8000	110	0.00	180	18	0.00	0.00	20.00	8.00
900012 MILK SS, 1% White 8oz	Carton	1900	100	1.50	120	11	2.50	0.00	11.00	8.00
900014 MILK SS, Skim 8oz	Carton	500	80	0.00	120	11	0.00	0.00	11.00	8.00
Weighted Daily Average			461	3.90	823	36	12.16	*0.00	68.78	20.72
% of Calories				7.61%		31.2%	23.7%	*0.0%	59.7%	18.0%
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0			

Wednesday - 02/03/2021

Reimbursable Meal Total 10400

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Protn (g)
831333 BRD: WAFFLE, AP WG Bluebry IW	Pouch	9000	200	1.00	170	10	6.00	0.00	36.00	4.00
829505 CHIX Sausage Patty 2ea 2.0	2 Patty	9000	200	3.00	500	0	12.00	0.00	2.00	22.00

Planned Menu Spreadsheet

Portion Values

Feb 1, 2021 thru Feb 27, 2021

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Protn (g)
830265 PASTA, Penne 1/2c	1/2 Cup	1400	111	0.08	7	1	1.09	0.00	20.76	3.54
832981 CHIX Dcd Heated 1.0	2oz spdl (1MMA)	1400	55	0.63	51	0	2.11	0.00	0.42	7.59
832570 COND_Sauce, Chz ItalSS(LOL)1.0	3oz Spdl (1MMA)	1400	142	6.56	591	1	10.94	0.00	3.28	8.75
990377 Tater Tots, McCain 1/4c	1/4c	10400	46	0.21	83	0	1.66	0.00	7.04	0.41
825856 COND PC Ketchup 9g Heinz	Each	10400	10	0.00	85	2	0.00	0.00	3.00	0.00
000082 FRUIT: APPLE, 198ct GFP 1c	Each(138ct)	10400	62	0.00	0	12	0.00	0.00	17.09	0.00
900012 MILK SS, 1% White 8oz	Carton	8000	100	1.50	120	11	2.50	0.00	11.00	8.00
900014 MILK SS, Skim 8oz	Carton	2000	80	0.00	120	11	0.00	0.00	11.00	8.00
900015 MILK SS, Skim Chocolate	Carton	400	110	0.00	180	18	0.00	0.00	20.00	8.00
Weighted Daily Average			602	5.80	957	35	21.06	0.00	74.65	33.59
% of Calories				8.67%		23.3%	31.5%	0.0%	49.6%	22.3%
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0			

Thursday - 02/04/2021

Reimbursable Meal Total 10000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Protn (g)
900044 SDW BN, ChixPty Pln WG/WG 2.0	Sandwich	8000	347	2.32	698	3	11.94	0.01	38.47	22.24
825867 COND PC Sauce, BBQ 12g	Each	8000	15	0.00	160	1	0.00	0.00	3.00	0.00
990332 Pizza Crunchers	serving	2000	420	9.00	670	3	20.00	0.00	41.00	20.00

Planned Menu Spreadsheet

Portion Values

Feb 1, 2021 thru Feb 27, 2021

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Protn (g)
826372 VEG: SALAD, Side RomMix AP1/2c	1/2 Cup	10000	6	0.00	4	1	0.00	0.00	1.21	0.40
833326 COND PC Drsg Ranch BtrmlkFF12g	Each	10000	10	0.00	125	0	0.00	0.00	2.00	0.00
000089 Fruit: Clementine GFP 1/2c 120ct	each	10000	35	0.00	0	7	0.00	0.00	9.00	1.00
900015 MILK SS, Skim Chocolate	Carton	8000	110	0.00	180	18	0.00	0.00	20.00	8.00
900012 MILK SS, 1% White 8oz	Carton	1500	100	1.50	120	11	2.50	0.00	11.00	8.00
900014 MILK SS, Skim 8oz	Carton	500	80	0.00	120	11	0.00	0.00	11.00	8.00
Weighted Daily Average			532	3.88	1118	29	13.93	0.01	71.78	31.20
% of Calories				6.56%		21.8%	23.6%	0.0%	54.0%	23.5%
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0			

Friday - 02/05/2021

Reimbursable Meal Total 10000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Protn (g)
000046 NACHOS BfGd Bn Scp AP- IW Chips	Each	9000	327	5.40	786	1	12.12	0.06	36.67	16.04
000133 TACO BfGd Soft SS WG 2.0 2ea	2 Each	1000	337	6.92	508	2	14.71	*0.00	32.09	18.59
825869 COND PC Sauce, Taco 9g	Each	1000	5	0.00	55	0	0.00	0.00	1.00	0.00
830312 VEG: CORN, Fz 1/4c	1/4 Cup	10000	33	0.04	0	1	0.27	0.00	7.90	1.04
000116 FRUIT: CUP SS, Applesc 1/2c	Each (1/2c)	10000	50	0.00	15	12	0.00	0.00	14.00	0.00
900015 MILK SS, Skim Chocolate	Carton	8000	110	0.00	180	18	0.00	0.00	20.00	8.00

Planned Menu Spreadsheet

Portion Values

Feb 1, 2021 thru Feb 27, 2021

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Protn (g)
900012 MILK SS, 1% White 8oz	Carton	1500	100	1.50	120	11	2.50	0.00	11.00	8.00
900014 MILK SS, Skim 8oz	Carton	500	80	0.00	120	11	0.00	0.00	11.00	8.00
Weighted Daily Average			519	5.82	947	31	13.02	*0.05	76.42	25.34
% of Calories				10.09%		23.9%	22.6%	*0.1%	58.9%	19.5%
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0			

Monday - 02/08/2021

Reimbursable Meal Total 10400

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Protn (g)
829155 CHIX Tender, KK (3) WG 2.0	3 Each	9000	212	2.02	738	1	11.12	0.00	13.14	15.16
825953 BRD: CRACK SS, GFishChd.75ozWG	Package	9000	100	1.00	170	0	3.50	0.00	14.00	3.00
825867 COND PC Sauce, BBQ 12g	Each	9000	15	0.00	160	1	0.00	0.00	3.00	0.00
990373 Mini Corn Dog, Tyson	serv	1400	255	2.25	690	6	12.00	*N/A*	24.00	12.00
825862 COND PC Mustard 6g	Each	1400	0	0.00	65	0	0.00	0.00	1.00	0.00
990521 VEG: BLEND, 5 Way Mix Fz 1/4c	1/4 Cup	10400	53	0.02	28	3	0.12	0.00	10.58	2.31
000082 FRUIT: APPLE, 198ct GFP 1c	Each(138ct)	10400	62	0.00	0	12	0.00	0.00	17.09	0.00
900015 MILK SS, Skim Chocolate	Carton	8000	110	0.00	180	18	0.00	0.00	20.00	8.00
900012 MILK SS, 1% White 8oz	Carton	2000	100	1.50	120	11	2.50	0.00	11.00	8.00

Planned Menu Spreadsheet

Portion Values

Feb 1, 2021 thru Feb 27, 2021

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Protn (g)
900014 MILK SS, Skim 8oz	Carton	400	80	0.00	120	11	0.00	0.00	11.00	8.00
Weighted Daily Average			539	3.23	1220	34	14.87	*0.00	75.03	27.64
% of Calories				5.39%		25.2%	24.8%	*0.0%	55.7%	20.5%
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0			

Tuesday - 02/09/2021

Reimbursable Meal Total 9000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Protn (g)
000133 TACO BfGd Soft SS WG 2.0 2ea	2 Each	7000	337	6.92	508	2	14.71	*0.00	32.09	18.59
825869 COND PC Sauce, Taco 9g	Each	7000	5	0.00	55	0	0.00	0.00	1.00	0.00
900116 BURG, Beef AMAP WG 2.25- ALPHA	Each	2000	295	4.62	495	4	11.50	0.00	27.50	19.50
825856 COND PC Ketchup 9g Heinz	Each	2000	10	0.00	85	2	0.00	0.00	3.00	0.00
990377 Tater Tots, McCain 1/4c	1/4c	9000	46	0.21	83	0	1.66	0.00	7.04	0.41
825856 COND PC Ketchup 9g Heinz	Each	9000	10	0.00	85	2	0.00	0.00	3.00	0.00
826581 FRUIT: ORANGE 138ct Whole 1/2c	Each(138ct)	9000	47	0.02	0	9	0.12	*N/A*	11.73	0.94
900015 MILK SS, Skim Chocolate	Carton	7000	110	0.00	180	18	0.00	0.00	20.00	8.00
900012 MILK SS, 1% White 8oz	Carton	1500	100	1.50	120	11	2.50	0.00	11.00	8.00

Planned Menu Spreadsheet

Portion Values

Feb 1, 2021 thru Feb 27, 2021

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Protn (g)
900014 MILK SS, Skim 8oz	Carton	500	80	0.00	120	11	0.00	0.00	11.00	8.00
Weighted Daily Average			543	6.88	901	31	16.19	*0.00	72.28	28.14
% of Calories				11.40%		22.8%	26.8%	*0.0%	53.2%	20.7%
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0			

Wednesday - 02/10/2021

Reimbursable Meal Total 10400

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Protn (g)
900186 Pizza Tony's Galaxy Smart Pep	Pizza	9000	290	6.00	520	9	12.00	0.00	29.00	16.00
000175 ENT: PASTA, Mac&ChzSS2.0(2BG)	2-6oz spoodles	1400	481	12.68	847	2	20.49	*0.00	49.62	21.80
830310 VEG: BEANS, Green Fz 1/4c	1/4 Cup	10400	10	0.02	0	1	0.06	0.00	2.25	0.52
000109 FRUIT: CUP SS, Applesc STW1/2c	Each (1/2c)	10400	50	0.00	15	12	0.00	0.00	14.00	0.00
900015 MILK SS, Skim Chocolate	Carton	8000	110	0.00	180	18	0.00	0.00	20.00	8.00
900012 MILK SS, 1% White 8oz	Carton	2000	100	1.50	120	11	2.50	0.00	11.00	8.00
900014 MILK SS, Skim 8oz	Carton	400	80	0.00	120	11	0.00	0.00	11.00	8.00
Weighted Daily Average			482	7.20	745	37	13.68	*0.00	65.94	25.30
% of Calories				13.44%		30.7%	25.5%	*0.0%	54.7%	21.0%
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0			

Thursday - 02/11/2021

Reimbursable Meal Total 10400

Planned Menu Spreadsheet

Portion Values

Feb 1, 2021 thru Feb 27, 2021

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Protn (g)
000179 BRD: PANCAKES, AP WG Confetti	Pouch	9000	220	1.00	300	11	7.00	0.00	36.00	4.00
829505 CHIX Sausage Patty 2ea 2.0	2 Patty	9000	200	3.00	500	0	12.00	0.00	2.00	22.00
828576 MELT BN, ChixPtyParm WG/WG 2.5	Sandwich	1400	418	4.42	936	6	16.42	0.00	42.00	26.50
830312 VEG: CORN, Fz 1/4c	1/4 Cup	10400	33	0.04	0	1	0.27	0.00	7.90	1.04
831449 FRUIT: CRAISINS, SS Strawb1.16	Box (1.16oz)	10400	110	0.00	0	24	0.00	0.00	28.00	0.00
900015 MILK SS, Skim Chocolate	Carton	8000	110	0.00	180	18	0.00	0.00	20.00	8.00
900012 MILK SS, 1% White 8oz	Carton	2000	100	1.50	120	11	2.50	0.00	11.00	8.00
900014 MILK SS, Skim 8oz	Carton	400	80	0.00	120	11	0.00	0.00	11.00	8.00
Weighted Daily Average			670	4.39	985	52	19.41	0.00	92.36	35.11
% of Calories				5.90%		31.0%	26.1%	0.0%	55.1%	21.0%
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0			

Friday - 02/12/2021

Reimbursable Meal Total 10400

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Protn (g)
831183 CHIX Popcorn, AP WG 2.0	Serving	9000	256	2.78	389	1	14.46	0.00	15.58	15.58
827153 BRD: PRETZEL, Soft Rod1ozWG1ea	Each	9000	70	0.00	65	0	0.50	0.00	14.00	2.00
825867 COND PC Sauce, BBQ 12g	Each	9000	15	0.00	160	1	0.00	0.00	3.00	0.00

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Portion Values

Feb 1, 2021 thru Feb 27, 2021

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Protn (g)
829526 STICKS, MAX SNAX Pizza AP 2.0	2 Each	1400	260	2.00	600	6	8.00	0.00	30.00	16.00
832545 COND_Sauce, Pizza AP 1/4c	1/4 Cup	1400	30	0.00	320	3	0.00	0.00	5.00	1.00
990383 Crinkle FF McCain 1/4c	1/4c	10400	43	0.26	50	0	1.88	0.03	6.64	0.47
825856 COND PC Ketchup 9g Heinz	Each	10400	10	0.00	85	2	0.00	0.00	3.00	0.00
000089 Fruit: Clementine GFP 1/2c 120ct	each	10400	35	0.00	0	7	0.00	0.00	9.00	1.00
900015 MILK SS, Skim Chocolate	Carton	8000	110	0.00	180	18	0.00	0.00	20.00	8.00
900012 MILK SS, 1% White 8oz	Carton	2000	100	1.50	120	11	2.50	0.00	11.00	8.00
900014 MILK SS, Skim 8oz	Carton	400	80	0.00	120	11	0.00	0.00	11.00	8.00
833553 SNACK: BAR, RiceKrTrt MiniWGIW	Each	10400	50	0.00	45	3	1.00	0.00	9.00	0.00
Weighted Daily Average			579	3.22	1002	32	17.38	0.03	78.46	26.97
% of Calories				5.01%		22.1%	27.0%	0.0%	54.2%	18.6%
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0			

Monday - 02/15/2021

Reimbursable Meal Total 10400

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Protn (g)
825806 CHIX Nugget, WG (5) 2.0	5 Each	9000	203	1.90	444	0	10.15	0.00	12.68	16.49
827153 BRD: PRETZEL, Soft Rod1ozWG1ea	Each	9000	70	0.00	65	0	0.50	0.00	14.00	2.00
825867 COND PC Sauce, BBQ 12g	Each	9000	15	0.00	160	1	0.00	0.00	3.00	0.00

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Feb 1, 2021 thru Feb 27, 2021

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Protn (g)
900045 BURG, Beef AP WG 2.0	Each	1400	250	2.50	295	3	8.00	0.00	27.00	17.00
825862 COND PC Mustard 6g	Each	1400	0	0.00	65	0	0.00	0.00	1.00	0.00
990377 Tater Tots, McCain 1/4c	1/4c	10400	46	0.21	83	0	1.66	0.00	7.04	0.41
825856 COND PC Ketchup 9g Heinz	Each	10400	10	0.00	85	2	0.00	0.00	3.00	0.00
000082 FRUIT: APPLE, 198ct GFP 1c	Each(138ct)	10400	62	0.00	0	12	0.00	0.00	17.09	0.00
900015 MILK SS, Skim Chocolate	Carton	8000	110	0.00	180	18	0.00	0.00	20.00	8.00
900012 MILK SS, 1% White 8oz	Carton	2000	100	1.50	120	11	2.50	0.00	11.00	8.00
900014 MILK SS, Skim 8oz	Carton	400	80	0.00	120	11	0.00	0.00	11.00	8.00
Weighted Daily Average			507	2.48	961	32	12.43	0.00	74.51	26.70
% of Calories				4.40%		25.2%	22.1%	0.0%	58.8%	21.1%
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0			

Tuesday - 02/16/2021

Reimbursable Meal Total 10000

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Protn (g)
900116 BURG, Beef AMAP WG 2.25- ALPHA	Each	9000	295	4.62	495	4	11.50	0.00	27.50	19.50
825856 COND PC Ketchup 9g Heinz	Each	9000	10	0.00	85	2	0.00	0.00	3.00	0.00
000069 MELT SUB AP, BfMtbl PizzaSS2.0	Sandwich	1000	345	5.36	856	7	13.18	0.41	34.26	20.63
990521 VEG: BLEND, 5 Way Mix Fz 1/4c	1/4 Cup	10000	53	0.02	28	3	0.12	0.00	10.58	2.31

Planned Menu Spreadsheet

Portion Values

Feb 1, 2021 thru Feb 27, 2021

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Protn (g)
826581 FRUIT: ORANGE 138ct Whole 1/2c	Each(138ct)	10000	47	0.02	0	9	0.12	*N/A*	11.73	0.94
900015 MILK SS, Skim Chocolate	Carton	7500	110	0.00	180	18	0.00	0.00	20.00	8.00
900012 MILK SS, 1% White 8oz	Carton	2000	100	1.50	120	11	2.50	0.00	11.00	8.00
900014 MILK SS, Skim 8oz	Carton	500	80	0.00	120	11	0.00	0.00	11.00	8.00
Weighted Daily Average			515	5.04	801	34	12.41	*0.04	70.93	30.86
% of Calories				8.81%		26.4%	21.7%	*0.1%	55.1%	24.0%
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0			

Wednesday - 02/17/2021

Reimbursable Meal Total 9500

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Protn (g)
000491 MELT BD, AM WG 2.0	Sandwich	7000	363	10.90	1297	6	19.42	0.00	27.40	17.74
900119 SOUP, Veg Bean Chili SC 2.0	8oz spdl (2MMA)	1500	177	0.25	241	6	1.84	*0.10	31.28	9.40
832215 BRD: FLATBREAD 2oz (2BG)	Each	1500	180	1.00	310	2	5.00	0.00	28.00	5.00
990383 Crinkle FF McCain 1/4c	1/4c	9500	43	0.26	50	0	1.88	0.03	6.64	0.47
825856 COND PC Ketchup 9g Heinz	Each	9500	10	0.00	85	2	0.00	0.00	3.00	0.00
000082 FRUIT: APPLE, 198ct GFP 1c	Each(138ct)	9500	62	0.00	0	12	0.00	0.00	17.09	0.00
900015 MILK SS, Skim Chocolate	Carton	7000	110	0.00	180	18	0.00	0.00	20.00	8.00
900012 MILK SS, 1% White 8oz	Carton	2000	100	1.50	120	11	2.50	0.00	11.00	8.00

Planned Menu Spreadsheet

Portion Values

Feb 1, 2021 thru Feb 27, 2021

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Protn (g)
900014 MILK SS, Skim 8oz	Carton	500	80	0.00	120	11	0.00	0.00	11.00	8.00
Weighted Daily Average			545	8.81	1343	36	17.79	*0.04	73.91	23.82
% of Calories				14.55%		26.4%	29.4%	*0.1%	54.2%	17.5%
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0			

Thursday - 02/18/2021

Reimbursable Meal Total 10400

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Protn (g)
990332 Pizza Crunchers	serving	9000	420	9.00	670	3	20.00	0.00	41.00	20.00
831333 BRD: WAFFLE, AP WG Bluebry IW	Pouch	1400	200	1.00	170	10	6.00	0.00	36.00	4.00
830308 CHEESE, MZ String LF 2ea 2.0	2 Stick	1400	120	4.00	420	0	5.00	0.00	2.00	16.00
831489 VEG: PEAS, Green Fz 1/4c	1/4 Cup	10400	37	0.02	34	2	0.13	0.00	6.69	2.41
000089 Fruit: Clementine GFP 1/2c 120ct	each	10400	35	0.00	0	7	0.00	0.00	9.00	1.00
900015 MILK SS, Skim Chocolate	Carton	8000	110	0.00	180	18	0.00	0.00	20.00	8.00
900012 MILK SS, 1% White 8oz	Carton	2000	100	1.50	120	11	2.50	0.00	11.00	8.00
900014 MILK SS, Skim 8oz	Carton	400	80	0.00	120	11	0.00	0.00	11.00	8.00
Weighted Daily Average			585	8.77	859	29	19.40	0.00	74.20	31.41
% of Calories				13.49%		19.8%	29.8%	0.0%	50.7%	21.5%
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0			

Planned Menu Spreadsheet

Portion Values

Feb 1, 2021 thru Feb 27, 2021

Friday - 02/19/2021

Reimbursable Meal Total 10400

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Protn (g)
000026 Pizza Tony's Galaxy Smart Chz	Pizza	9000	280	6.00	440	9	12.00	0.00	29.00	15.00
000486 MELT BN, FishPty AM WG/WG 2.25	Sandwich	1400	345	3.12	730	4	11.50	0.00	41.50	22.50
825871 COND PC Sauce, Tartar 12g	Each	1400	45	0.50	85	2	4.00	0.00	2.00	0.00
990383 Crinkle FF McCain 1/4c	1/4c	10400	43	0.26	50	0	1.88	0.03	6.64	0.47
825856 COND PC Ketchup 9g Heinz	Each	10400	10	0.00	85	2	0.00	0.00	3.00	0.00
000109 FRUIT: CUP SS, Applesc STW1/2c	Each (1/2c)	10400	50	0.00	15	12	0.00	0.00	14.00	0.00
900015 MILK SS, Skim Chocolate	Carton	8000	110	0.00	180	18	0.00	0.00	20.00	8.00
900012 MILK SS, 1% White 8oz	Carton	2000	100	1.50	120	11	2.50	0.00	11.00	8.00
900014 MILK SS, Skim 8oz	Carton	400	80	0.00	120	11	0.00	0.00	11.00	8.00
Weighted Daily Average			505	6.23	807	39	14.83	0.03	72.51	24.48
% of Calories				11.10%		30.9%	26.4%	0.1%	57.4%	19.4%
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0			

Monday - 02/22/2021

Reimbursable Meal Total 10400

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Protn (g)
830905 BRD: FR TST STK, AP WG (1.5BG)	3 Sticks	9000	225	2.25	285	11	9.00	0.00	31.50	4.50

Planned Menu Spreadsheet

Portion Values

Feb 1, 2021 thru Feb 27, 2021

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Protn (g)
829505 CHIX Sausage Patty 2ea 2.0	2 Patty	9000	200	3.00	500	0	12.00	0.00	2.00	22.00
831183 CHIX Popcorn, AP WG 2.0	Serving	1400	256	2.78	389	1	14.46	0.00	15.58	15.58
827153 BRD: PRETZEL, Soft Rod1ozWG1ea	Each	1400	70	0.00	65	0	0.50	0.00	14.00	2.00
825867 COND PC Sauce, BBQ 12g	Each	1400	15	0.00	160	1	0.00	0.00	3.00	0.00
990377 Tater Tots, McCain 1/4c	1/4c	10400	46	0.21	83	0	1.66	0.00	7.04	0.41
825856 COND PC Ketchup 9g Heinz	Each	10400	10	0.00	85	2	0.00	0.00	3.00	0.00
000082 FRUIT: APPLE, 198ct GFP 1c	Each(138ct)	10400	62	0.00	0	12	0.00	0.00	17.09	0.00
900012 MILK SS, 1% White 8oz	Carton	2000	100	1.50	120	11	2.50	0.00	11.00	8.00
900014 MILK SS, Skim 8oz	Carton	500	80	0.00	120	11	0.00	0.00	11.00	8.00
900015 MILK SS, Skim Chocolate	Carton	8000	110	0.00	180	18	0.00	0.00	20.00	8.00
Weighted Daily Average			639	5.41	1097	41	22.32	0.00	78.54	33.79
% of Calories				7.62%		25.7%	31.4%	0.0%	49.2%	21.2%
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0			

Tuesday - 02/23/2021

Reimbursable Meal Total 10400

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Protn (g)
900046 HOT DOG, Plain WG 2.0	Each	9000	300	4.41	1003	4	14.18	0.01	29.16	12.73
825856 COND PC Ketchup 9g Heinz	Each	9000	10	0.00	85	2	0.00	0.00	3.00	0.00

Planned Menu Spreadsheet

Portion Values

Feb 1, 2021 thru Feb 27, 2021

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Protn (g)
825862 COND PC Mustard 6g	Each	9000	0	0.00	65	0	0.00	0.00	1.00	0.00
900116 BURG, Beef AMAP WG 2.25- ALPHA	Each	1400	295	4.62	495	4	11.50	0.00	27.50	19.50
825862 COND PC Mustard 6g	Each	1400	0	0.00	65	0	0.00	0.00	1.00	0.00
830312 VEG: CORN, Fz 1/4c	1/4 Cup	10400	33	0.04	0	1	0.27	0.00	7.90	1.04
826581 FRUIT: ORANGE 138ct Whole 1/2c	Each(138ct)	10400	47	0.02	0	9	0.12	*N/A*	11.73	0.94
900015 MILK SS, Skim Chocolate	Carton	8000	110	0.00	180	18	0.00	0.00	20.00	8.00
900012 MILK SS, 1% White 8oz	Carton	2000	100	1.50	120	11	2.50	0.00	11.00	8.00
900014 MILK SS, Skim 8oz	Carton	400	80	0.00	120	11	0.00	0.00	11.00	8.00
Weighted Daily Average			495	4.78	1240	32	14.69	*0.01	70.08	23.62
% of Calories				8.69%		25.9%	26.7%	*0.0%	56.6%	19.1%
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0			

Wednesday - 02/24/2021

Reimbursable Meal Total 10400

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Protn (g)
000026 Pizza Tony's Galaxy Smart Chz	Pizza	9000	280	6.00	440	9	12.00	0.00	29.00	15.00
825827 SDW BN, ChixPty Pln WG/WG 2.0	Sandwich	1400	340	2.00	750	4	12.00	0.00	39.00	21.00
825867 COND PC Sauce, BBQ 12g	Each	1400	15	0.00	160	1	0.00	0.00	3.00	0.00
990383 Crinkle FF McCain 1/4c	1/4c	10400	43	0.26	50	0	1.88	0.03	6.64	0.47

Planned Menu Spreadsheet

Portion Values

Feb 1, 2021 thru Feb 27, 2021

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Protn (g)
825856 COND PC Ketchup 9g Heinz	Each	10400	10	0.00	85	2	0.00	0.00	3.00	0.00
833552 FRUIT: CRAISINS, SS Orange1.16	Each (1.16oz)	10400	110	0.00	0	24	0.00	0.00	28.00	0.00
900015 MILK SS, Skim Chocolate	Carton	8000	110	0.00	180	18	0.00	0.00	20.00	8.00
900012 MILK SS, 1% White 8oz	Carton	2000	100	1.50	120	11	2.50	0.00	11.00	8.00
900014 MILK SS, Skim 8oz	Carton	400	80	0.00	120	11	0.00	0.00	11.00	8.00
Weighted Daily Average			560	6.01	805	51	14.36	0.03	86.31	24.28
% of Calories				9.66%		36.4%	23.1%	0.0%	61.6%	17.3%
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0			

Thursday - 02/25/2021

Reimbursable Meal Total 10400

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Protn (g)
829155 CHIX Tender, KK (3) WG 2.0	3 Each	9000	212	2.02	738	1	11.12	0.00	13.14	15.16
825953 BRD: CRACK SS, GFishChd.75ozWG	Package	9000	100	1.00	170	0	3.50	0.00	14.00	3.00
825867 COND PC Sauce, BBQ 12g	Each	9000	15	0.00	160	1	0.00	0.00	3.00	0.00
829550 PASTA, Rotini WG 1/2c	1/2 Cup	1400	101	0.08	7	1	1.34	0.00	20.25	3.54
826979 SAUCE P, Spag AP Beef SS 2.0	3/4 Cup	1400	190	3.01	226	7	7.03	0.00	16.01	13.38
826372 VEG: SALAD, Side RomMix AP1/2c	1/2 Cup	10400	6	0.00	4	1	0.00	0.00	1.21	0.40
833326 COND PC Drsg Ranch BtrmlkFF12g	Each	10400	10	0.00	125	0	0.00	0.00	2.00	0.00

Planned Menu Spreadsheet

Portion Values

Feb 1, 2021 thru Feb 27, 2021

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Protn (g)
000089 Fruit: Clementine GFP 1/2c 120ct	each	10400	35	0.00	0	7	0.00	0.00	9.00	1.00
900015 MILK SS, Skim Chocolate	Carton	8000	110	0.00	180	18	0.00	0.00	20.00	8.00
900012 MILK SS, 1% White 8oz	Carton	2000	100	1.50	120	11	2.50	0.00	11.00	8.00
900014 MILK SS, Skim 8oz	Carton	400	80	0.00	120	11	0.00	0.00	11.00	8.00
Weighted Daily Average			481	3.32	1250	27	14.26	0.00	61.09	27.39
% of Calories				6.21%		22.5%	26.7%	0.0%	50.8%	22.8%
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0			

Friday - 02/26/2021

Reimbursable Meal Total 8400

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Protn (g)
000486 MELT BN, FishPty AM WG/WG 2.25	Sandwich	6000	345	3.12	730	4	11.50	0.00	41.50	22.50
825871 COND PC Sauce, Tartar 12g	Each	6000	45	0.50	85	2	4.00	0.00	2.00	0.00
990524 STICKS, MOZZ BREADED RS WG 2.0 (5EA)	4.5 oz	2400	16	0.29	17	0	0.75	*N/A*	1.46	0.79
832545 COND_Sauce, Pizza AP 1/4c	1/4 Cup	2400	30	0.00	320	3	0.00	0.00	5.00	1.00
831434 VEG: CARROTS, Fresh Baby1W2oz	2.0 ozw bag	8400	20	0.01	44	3	0.07	0.00	4.67	0.36
833326 COND PC Drsg Ranch BtrmlkFF12g	Each	8400	10	0.00	125	0	0.00	0.00	2.00	0.00
000108 FRUIT: CUP SS, Applesc Cin1/2c	Each (1/2c)	8400	50	0.00	15	12	0.00	0.00	14.00	0.00
900015 MILK SS, Skim Chocolate	Carton	7000	110	0.00	180	18	0.00	0.00	20.00	8.00

Planned Menu Spreadsheet

Portion Values

Feb 1, 2021 thru Feb 27, 2021

	Portion Size	Reimb Qty	Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Protn (g)
900012 MILK SS, 1% White 8oz	Carton	1000	100	1.50	120	11	2.50	0.00	11.00	8.00
900014 MILK SS, Skim 8oz	Carton	400	80	0.00	120	11	0.00	0.00	11.00	8.00
Weighted Daily Average			479	2.86	1033	37	11.66	*0.00	72.09	24.95
% of Calories				5.37%		30.9%	21.9%	*0.0%	60.2%	20.8%
Weekly Nutrient Guideline			600 - 650	<10	1230		<=0			

			Cals ¹ (kcal)	S-Fat ¹ (g)	Sodm ¹ (mg)	Sugars (g)	T-Fat (g)	Tr-Fat ² (g)	Carb (g)	Protn (g)
Weighted Averages			540	5	987	36	15.49	*0.01	74.74	27.51
% of Calories				8.63%		26.7%	25.8%	*0.0%	55.4%	20.4%

- *N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient
- * - denotes combined nutrient totals with either missing or incomplete nutrient data
- ¹ - denotes required nutrient values
- ² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.