

Planned Menu Spreadsheet

Portion Values

Dec 1, 2020 thru Dec 23, 2020

Menu Name: K-8 Lunch 2 Entree (AB)
Site: 1 - Archdiocese of Chicago

Include Cost: No
Report Style: Detailed

Tuesday - 12/01/2020

Reimbursable Meal Total 10800

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Sugars (g) | T-Fat (g) | Tr-Fat ² (g) | Cholst (mg) | Carb (g) | Protn (g) |
|---------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------|-----------|-------------------------|-------------|----------|-----------|
| 900116 BURG, Beef AMAP WG 2.25- ALPHA | Each | 6000 | 295 | 4.62 | 495 | 4 | 11.50 | 0.00 | 38 | 27.50 | 19.50 |
| 000191 Chicken, Corn Dog Mini | 6 each | 6000 | 271 | 3.77 | 422 | 6 | 12.06 | *N/A* | 38 | 30.15 | 10.55 |
| 825856 COND PC Ketchup 9g Heinz | Each | 10400 | 10 | 0.00 | 85 | 2 | 0.00 | 0.00 | 0 | 3.00 | 0.00 |
| 831190 VEG: CARROTS, Fresh Baby 1/4c | 1/4 Cup | 10400 | 12 | 0.01 | 28 | 2 | 0.05 | 0.00 | 0 | 2.92 | 0.23 |
| 831449 FRUIT: CRAISINS, SS Strawb1.16 | Box (1.16oz) | 10400 | 110 | 0.00 | 0 | 24 | 0.00 | 0.00 | 0 | 28.00 | 0.00 |
| 900015 MILK SS, Skim Chocolate | Carton | 4000 | 110 | 0.00 | 180 | 18 | 0.00 | 0.00 | 5 | 20.00 | 8.00 |
| 900012 MILK SS, 1% White 8oz | Carton | 500 | 100 | 1.50 | 120 | 11 | 2.50 | 0.00 | 15 | 11.00 | 8.00 |
| 900014 MILK SS, Skim 8oz | Carton | 100 | 80 | 0.00 | 120 | 11 | 0.00 | 0.00 | 5 | 11.00 | 8.00 |
| Weighted Daily Average | | | 488 | 4.74 | 691 | 39 | 13.25 | *0.00 | 44 | 72.71 | 20.32 |
| % of Calories | | | | 8.74% | | 32.0% | 24.4% | *0.0% | | 59.6% | 16.7% |
| Weekly Nutrient Guideline | | | 600 - 650 | <10 | 1230 | | <=0 | | | | |

Wednesday - 12/02/2020

Reimbursable Meal Total 10800

Planned Menu Spreadsheet

Portion Values

Dec 1, 2020 thru Dec 23, 2020

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Sugars (g) | T-Fat (g) | Tr-Fat ² (g) | Cholst (mg) | Carb (g) | Protn (g) |
|---|--------------|-----------|--------------------------|------------------------|------------------------|------------|-----------|-------------------------|-------------|----------|-----------|
| 000026 Pizza Tony's Galaxy Smart Chz | Pizza | 8400 | 280 | 6.00 | 440 | 9 | 12.00 | 0.00 | 30 | 29.00 | 15.00 |
| 829155 CHIX Tender, KK (3) WG 2.0 | 3 Each | 2000 | 212 | 2.02 | 738 | 1 | 11.12 | 0.00 | 56 | 13.14 | 15.16 |
| 825867 COND PC Sauce, BBQ 12g | Each | 2000 | 15 | 0.00 | 160 | 1 | 0.00 | 0.00 | 0 | 3.00 | 0.00 |
| 831489 VEG: PEAS, Green Fz 1/4c | 1/4 Cup | 10400 | 37 | 0.02 | 34 | 2 | 0.13 | 0.00 | 0 | 6.69 | 2.41 |
| 000089 Fruit: Clementine GFP 1/2c 120ct | each | 10400 | 35 | 0.00 | 0 | 7 | 0.00 | 0.00 | 0 | 9.00 | 1.00 |
| 900015 MILK SS, Skim Chocolate | Carton | 4000 | 110 | 0.00 | 180 | 18 | 0.00 | 0.00 | 5 | 20.00 | 8.00 |
| 900012 MILK SS, 1% White 8oz | Carton | 500 | 100 | 1.50 | 120 | 11 | 2.50 | 0.00 | 15 | 11.00 | 8.00 |
| 900014 MILK SS, Skim 8oz | Carton | 100 | 80 | 0.00 | 120 | 11 | 0.00 | 0.00 | 5 | 11.00 | 8.00 |
| Weighted Daily Average | | | 375 | 5.13 | 614 | 23 | 11.63 | 0.00 | 36 | 48.67 | 21.17 |
| % of Calories | | | | 12.31% | | 24.5% | 27.9% | 0.0% | | 51.9% | 22.6% |
| Weekly Nutrient Guideline | | | 600 - 650 | <10 | 1230 | | <=0 | | | | |

Thursday - 12/03/2020

Reimbursable Meal Total 10800

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Sugars (g) | T-Fat (g) | Tr-Fat ² (g) | Cholst (mg) | Carb (g) | Protn (g) |
|--|--------------|-----------|--------------------------|------------------------|------------------------|------------|-----------|-------------------------|-------------|----------|-----------|
| 000046 NACHOS BfGd Bn Scp AP- IW Chips | Each | 9000 | 327 | 5.40 | 786 | 1 | 12.12 | 0.06 | 36 | 36.67 | 16.04 |
| 829563 HOT DOG, Plain WG 2.0 | Each | 1400 | 290 | 4.00 | 1040 | 4 | 14.00 | 0.00 | 50 | 29.00 | 12.00 |
| 825856 COND PC Ketchup 9g Heinz | Each | 1400 | 10 | 0.00 | 85 | 2 | 0.00 | 0.00 | 0 | 3.00 | 0.00 |
| 825862 COND PC Mustard 6g | Each | 1400 | 0 | 0.00 | 65 | 0 | 0.00 | 0.00 | 0 | 1.00 | 0.00 |

Planned Menu Spreadsheet

Portion Values

Dec 1, 2020 thru Dec 23, 2020

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Sugars (g) | T-Fat (g) | Tr-Fat ² (g) | Cholst (mg) | Carb (g) | Protn (g) |
|--------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------|-----------|-------------------------|-------------|----------|-----------|
| 831190 VEG: CARROTS, Fresh Baby 1/4c | 1/4 Cup | 10400 | 12 | 0.01 | 28 | 2 | 0.05 | 0.00 | 0 | 2.92 | 0.23 |
| 000082 FRUIT: APPLE, 198ct GFP 1c | Each(138ct) | 10400 | 62 | 0.00 | 0 | 12 | 0.00 | 0.00 | 0 | 17.09 | 0.00 |
| 900015 MILK SS, Skim Chocolate | Carton | 4000 | 110 | 0.00 | 180 | 18 | 0.00 | 0.00 | 5 | 20.00 | 8.00 |
| 900012 MILK SS, 1% White 8oz | Carton | 500 | 100 | 1.50 | 120 | 11 | 2.50 | 0.00 | 15 | 11.00 | 8.00 |
| 900014 MILK SS, Skim 8oz | Carton | 100 | 80 | 0.00 | 120 | 11 | 0.00 | 0.00 | 5 | 11.00 | 8.00 |
| Weighted Daily Average | | | 429 | 5.09 | 909 | 23 | 12.07 | 0.05 | 39 | 62.13 | 18.55 |
| % of Calories | | | | 10.68% | | 21.4% | 25.3% | 0.1% | | 57.9% | 17.3% |
| Weekly Nutrient Guideline | | | 600 - 650 | <10 | 1230 | | <=0 | | | | |

Friday - 12/04/2020

Reimbursable Meal Total 10800

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Sugars (g) | T-Fat (g) | Tr-Fat ² (g) | Cholst (mg) | Carb (g) | Protn (g) |
|---------------------------------------|-----------------|-----------|--------------------------|------------------------|------------------------|------------|-----------|-------------------------|-------------|----------|-----------|
| 825806 CHIX Nugget, WG (5) 2.0 | 5 Each | 9000 | 203 | 1.90 | 444 | 0 | 10.15 | 0.00 | 44 | 12.68 | 16.49 |
| 825867 COND PC Sauce, BBQ 12g | Each | 9000 | 15 | 0.00 | 160 | 1 | 0.00 | 0.00 | 0 | 3.00 | 0.00 |
| 990347 Pretzel Nuggets | serv | 1400 | 120 | 0.00 | 84 | 0 | 0.00 | 0.00 | 0 | 28.00 | 4.00 |
| 829898 COND_Sauce, Chz SS W (LOL) 1.0 | 3oz Spdl (1MMA) | 1400 | 150 | 6.75 | 600 | 0 | 10.50 | 0.00 | 30 | 4.50 | 7.50 |
| 831206 VEG: TOMATOES, Cherry 1/4c | 1/4 Cup | 10400 | 8 | 0.01 | 2 | 1 | 0.09 | *N/A* | 0 | 1.66 | 0.38 |
| 000116 FRUIT: CUP SS, Applesc 1/2c | Each (1/2c) | 10400 | 50 | 0.00 | 15 | 12 | 0.00 | 0.00 | 0 | 14.00 | 0.00 |
| 900015 MILK SS, Skim Chocolate | Carton | 4000 | 110 | 0.00 | 180 | 18 | 0.00 | 0.00 | 5 | 20.00 | 8.00 |

Planned Menu Spreadsheet

Portion Values

Dec 1, 2020 thru Dec 23, 2020

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Sugars (g) | T-Fat (g) | Tr-Fat ² (g) | Cholst (mg) | Carb (g) | Protn (g) |
|------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------|-----------|-------------------------|-------------|----------|-----------|
| 900012 MILK SS, 1% White 8oz | Carton | 500 | 100 | 1.50 | 120 | 11 | 2.50 | 0.00 | 15 | 11.00 | 8.00 |
| 900014 MILK SS, Skim 8oz | Carton | 100 | 80 | 0.00 | 120 | 11 | 0.00 | 0.00 | 5 | 11.00 | 8.00 |
| Weighted Daily Average | | | 318 | 2.54 | 682 | 21 | 10.01 | *0.00 | 43 | 40.38 | 19.00 |
| % of Calories | | | | 7.19% | | 26.4% | 28.3% | *0.0% | | 50.8% | 23.9% |
| Weekly Nutrient Guideline | | | 600 - 650 | <10 | 1230 | | <=0 | | | | |

Saturday - 12/05/2020

Reimbursable Meal Total 10800

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Sugars (g) | T-Fat (g) | Tr-Fat ² (g) | Cholst (mg) | Carb (g) | Protn (g) |
|---------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------|-----------|-------------------------|-------------|----------|-----------|
| 900045 BURG, Beef AP WG 2.0 | Each | 1000 | 250 | 2.50 | 295 | 3 | 8.00 | 0.00 | 25 | 27.00 | 17.00 |
| 831489 VEG: PEAS, Green Fz 1/4c | 1/4 Cup | 1000 | 37 | 0.02 | 34 | 2 | 0.13 | 0.00 | 0 | 6.69 | 2.41 |
| 000109 FRUIT: CUP SS, Applesc STW1/2c | Each (1/2c) | 1000 | 50 | 0.00 | 15 | 12 | 0.00 | 0.00 | 0 | 14.00 | 0.00 |
| 900015 MILK SS, Skim Chocolate | Carton | 1000 | 110 | 0.00 | 180 | 18 | 0.00 | 0.00 | 5 | 20.00 | 8.00 |
| Weighted Daily Average | | | 41 | 0.23 | 48 | 3 | 0.75 | 0.00 | 3 | 6.27 | 2.54 |
| % of Calories | | | | 5.05% | | 29.3% | 16.5% | 0.0% | | 61.2% | 24.8% |
| Weekly Nutrient Guideline | | | 600 - 650 | <10 | 1230 | | <=0 | | | | |

Monday - 12/07/2020

Reimbursable Meal Total 10800

Planned Menu Spreadsheet

Portion Values

Dec 1, 2020 thru Dec 23, 2020

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Sugars (g) | T-Fat (g) | Tr-Fat ² (g) | Cholst (mg) | Carb (g) | Protn (g) |
|---------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------|-----------|-------------------------|-------------|----------|-----------|
| 000179 BRD: PANCAKES, AP WG Confetti | Pouch | 8000 | 220 | 1.00 | 300 | 11 | 7.00 | 0.00 | 10 | 36.00 | 4.00 |
| 830308 CHEESE, MZ String LF 2ea 2.0 | 2 Stick | 8000 | 120 | 4.00 | 420 | 0 | 5.00 | 0.00 | 20 | 2.00 | 16.00 |
| 000191 Chicken, Corn Dog Mini | 6 each | 2400 | 271 | 3.77 | 422 | 6 | 12.06 | *N/A* | 38 | 30.15 | 10.55 |
| 990377 Tater Tots, McCain 1/4c | 1/4c | 10400 | 46 | 0.21 | 83 | 0 | 1.66 | 0.00 | 0 | 7.04 | 0.41 |
| 825856 COND PC Ketchup 9g Heinz | Each | 10400 | 10 | 0.00 | 85 | 2 | 0.00 | 0.00 | 0 | 3.00 | 0.00 |
| 000194 FRUIT: CRAISINS, SS Waterm1.16 | Box (1.16oz) | 10400 | 110 | 0.00 | 0 | 24 | 0.00 | 0.00 | 0 | 28.00 | 0.00 |
| 900015 MILK SS, Skim Chocolate | Carton | 8000 | 110 | 0.00 | 180 | 18 | 0.00 | 0.00 | 5 | 20.00 | 8.00 |
| 900012 MILK SS, 1% White 8oz | Carton | 500 | 100 | 1.50 | 120 | 11 | 2.50 | 0.00 | 15 | 11.00 | 8.00 |
| 900014 MILK SS, Skim 8oz | Carton | 100 | 80 | 0.00 | 120 | 11 | 0.00 | 0.00 | 5 | 11.00 | 8.00 |
| Weighted Daily Average | | | 558 | 4.81 | 929 | 49 | 13.28 | *0.00 | 35 | 86.91 | 23.93 |
| % of Calories | | | | 7.76% | | 35.1% | 21.4% | *0.0% | | 62.3% | 17.2% |
| Weekly Nutrient Guideline | | | 600 - 650 | <10 | 1230 | | <=0 | | | | |

Tuesday - 12/08/2020

Reimbursable Meal Total 10800

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Sugars (g) | T-Fat (g) | Tr-Fat ² (g) | Cholst (mg) | Carb (g) | Protn (g) |
|--------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------|-----------|-------------------------|-------------|----------|-----------|
| 825806 CHIX Nugget, WG (5) 2.0 | 5 Each | 8400 | 203 | 1.90 | 444 | 0 | 10.15 | 0.00 | 44 | 12.68 | 16.49 |
| 825867 COND PC Sauce, BBQ 12g | Each | 8400 | 15 | 0.00 | 160 | 1 | 0.00 | 0.00 | 0 | 3.00 | 0.00 |
| 000209 MELT SUB AP, BfMtbl BBQ SS2.0 | Sandwich | 2000 | 345 | 3.20 | 737 | 21 | 10.00 | 0.40 | 28 | 46.80 | 15.40 |

Planned Menu Spreadsheet

Portion Values

Dec 1, 2020 thru Dec 23, 2020

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Sugars (g) | T-Fat (g) | Tr-Fat ² (g) | Cholst (mg) | Carb (g) | Protn (g) |
|---------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------|-----------|-------------------------|-------------|----------|-----------|
| 830312 VEG: CORN, Fz 1/4c | 1/4 Cup | 10400 | 33 | 0.04 | 0 | 1 | 0.27 | 0.00 | 0 | 7.90 | 1.04 |
| 000108 FRUIT: CUP SS, Applesc Cin1/2c | Each (1/2c) | 10400 | 50 | 0.00 | 15 | 12 | 0.00 | 0.00 | 0 | 14.00 | 0.00 |
| 900015 MILK SS, Skim Chocolate | Carton | 4000 | 110 | 0.00 | 180 | 18 | 0.00 | 0.00 | 5 | 20.00 | 8.00 |
| 900012 MILK SS, 1% White 8oz | Carton | 500 | 100 | 1.50 | 120 | 11 | 2.50 | 0.00 | 15 | 11.00 | 8.00 |
| 900014 MILK SS, Skim 8oz | Carton | 100 | 80 | 0.00 | 120 | 11 | 0.00 | 0.00 | 5 | 11.00 | 8.00 |
| Weighted Daily Average | | | 360 | 2.18 | 694 | 25 | 10.12 | 0.07 | 42 | 49.97 | 20.09 |
| % of Calories | | | | 5.45% | | 27.8% | 25.3% | 0.2% | | 55.5% | 22.3% |
| Weekly Nutrient Guideline | | | 600 - 650 | <10 | 1230 | | <=0 | | | | |

Wednesday - 12/09/2020

Reimbursable Meal Total 10800

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Sugars (g) | T-Fat (g) | Tr-Fat ² (g) | Cholst (mg) | Carb (g) | Protn (g) |
|--------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------|-----------|-------------------------|-------------|----------|-----------|
| 900045 BURG, Beef AP WG 2.0 | Each | 5200 | 250 | 2.50 | 295 | 3 | 8.00 | 0.00 | 25 | 27.00 | 17.00 |
| 900186 Pizza Tony's Galaxy Smart Pep | Pizza | 5200 | 290 | 6.00 | 520 | 9 | 12.00 | 0.00 | 30 | 29.00 | 16.00 |
| 990383 Crinkle FF McCain 1/4c | 1/4c | 10400 | 43 | 0.26 | 50 | 0 | 1.88 | 0.03 | *N/A* | 6.64 | 0.47 |
| 825856 COND PC Ketchup 9g Heinz | Each | 10400 | 10 | 0.00 | 85 | 2 | 0.00 | 0.00 | 0 | 3.00 | 0.00 |
| 000082 FRUIT: APPLE, 198ct GFP 1c | Each(138ct) | 10400 | 62 | 0.00 | 0 | 12 | 0.00 | 0.00 | 0 | 17.09 | 0.00 |
| 900015 MILK SS, Skim Chocolate | Carton | 4000 | 110 | 0.00 | 180 | 18 | 0.00 | 0.00 | 5 | 20.00 | 8.00 |
| 900012 MILK SS, 1% White 8oz | Carton | 500 | 100 | 1.50 | 120 | 11 | 2.50 | 0.00 | 15 | 11.00 | 8.00 |

Planned Menu Spreadsheet

Portion Values

Dec 1, 2020 thru Dec 23, 2020

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Sugars (g) | T-Fat (g) | Tr-Fat ² (g) | Cholst (mg) | Carb (g) | Protn (g) |
|---------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------|-----------|-------------------------|-------------|----------|-----------|
| 900014 MILK SS, Skim 8oz | Carton | 100 | 80 | 0.00 | 120 | 11 | 0.00 | 0.00 | 5 | 11.00 | 8.00 |
| Weighted Daily Average | | | 417 | 4.41 | 596 | 27 | 11.55 | 0.03 | *29 | 60.72 | 19.75 |
| % of Calories | | | | 9.52% | | 25.9% | 24.9% | 0.1% | | 58.2% | 18.9% |
| Weekly Nutrient Guideline | | | 600 - 650 | <10 | 1230 | | <=0 | | | | |

Thursday - 12/10/2020

Reimbursable Meal Total 10800

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Sugars (g) | T-Fat (g) | Tr-Fat ² (g) | Cholst (mg) | Carb (g) | Protn (g) |
|---|--------------|-----------|--------------------------|------------------------|------------------------|------------|-----------|-------------------------|-------------|----------|-----------|
| 900044 SDW BN, ChixPty Pln WG/WG 2.0 | Sandwich | 9000 | 347 | 2.32 | 698 | 3 | 11.94 | 0.01 | 45 | 38.47 | 22.24 |
| 825867 COND PC Sauce, BBQ 12g | Each | 9000 | 15 | 0.00 | 160 | 1 | 0.00 | 0.00 | 0 | 3.00 | 0.00 |
| 829737 PASTA, Spaghetti WG 1/2c | 1/2 Cup | 1400 | 116 | 0.17 | 7 | 1 | 1.67 | 0.00 | 0 | 20.76 | 3.54 |
| 829869 -BEEF Meatballs, AP 4ea 1.5 | 4 Each | 1400 | 113 | 2.00 | 327 | 1 | 6.00 | 0.00 | 27 | 3.33 | 10.67 |
| 827400 SAUCE P, Spag AP | 1/2 Cup | 1400 | 60 | 0.00 | 30 | 6 | 0.00 | 0.00 | 0 | 12.00 | 2.00 |
| 831190 VEG: CARROTS, Fresh Baby 1/4c | 1/4 Cup | 10400 | 12 | 0.01 | 28 | 2 | 0.05 | 0.00 | 0 | 2.92 | 0.23 |
| 000089 Fruit: Clementine GFP 1/2c 120ct | each | 10400 | 35 | 0.00 | 0 | 7 | 0.00 | 0.00 | 0 | 9.00 | 1.00 |
| 900015 MILK SS, Skim Chocolate | Carton | 8000 | 110 | 0.00 | 180 | 18 | 0.00 | 0.00 | 5 | 20.00 | 8.00 |
| 900012 MILK SS, 1% White 8oz | Carton | 500 | 100 | 1.50 | 120 | 11 | 2.50 | 0.00 | 15 | 11.00 | 8.00 |

Planned Menu Spreadsheet

Portion Values

Dec 1, 2020 thru Dec 23, 2020

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Sugars (g) | T-Fat (g) | Tr-Fat ² (g) | Cholst (mg) | Carb (g) | Protn (g) |
|---------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------|-----------|-------------------------|-------------|----------|-----------|
| 900014 MILK SS, Skim 8oz | Carton | 100 | 80 | 0.00 | 120 | 11 | 0.00 | 0.00 | 5 | 11.00 | 8.00 |
| Weighted Daily Average | | | 472 | 2.29 | 929 | 27 | 11.10 | 0.01 | 45 | 66.14 | 28.19 |
| % of Calories | | | | 4.37% | | 22.9% | 21.2% | 0.0% | | 56.1% | 23.9% |
| Weekly Nutrient Guideline | | | 600 - 650 | <10 | 1230 | | <=0 | | | | |

Friday - 12/11/2020

Reimbursable Meal Total 10800

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Sugars (g) | T-Fat (g) | Tr-Fat ² (g) | Cholst (mg) | Carb (g) | Protn (g) |
|---------------------------------------|----------------|-----------|--------------------------|------------------------|------------------------|------------|-----------|-------------------------|-------------|----------|-----------|
| 900170 Pizza Tony's Galaxy Smart Chz | Pizza | 9400 | 280 | 6.00 | 440 | 9 | 12.00 | 0.00 | 30 | 29.00 | 15.00 |
| 829700 -ORI ChixDcd Org Broc 2.0 | 6oz spd(2 MMA) | 1000 | 179 | 0.71 | 194 | 14 | 2.62 | *0.00 | 54 | 20.91 | 19.92 |
| 990521 VEG: BLEND, 5 Way Mix Fz 1/4c | 1/4 Cup | 10400 | 53 | 0.02 | 28 | 3 | 0.12 | 0.00 | 0 | 10.58 | 2.31 |
| 000109 FRUIT: CUP SS, Applesc STW1/2c | Each (1/2c) | 10400 | 50 | 0.00 | 15 | 12 | 0.00 | 0.00 | 0 | 14.00 | 0.00 |
| 900015 MILK SS, Skim Chocolate | Carton | 4000 | 110 | 0.00 | 180 | 18 | 0.00 | 0.00 | 5 | 20.00 | 8.00 |
| 900012 MILK SS, 1% White 8oz | Carton | 500 | 100 | 1.50 | 120 | 11 | 2.50 | 0.00 | 15 | 11.00 | 8.00 |
| 900014 MILK SS, Skim 8oz | Carton | 100 | 80 | 0.00 | 120 | 11 | 0.00 | 0.00 | 5 | 11.00 | 8.00 |
| Weighted Daily Average | | | 405 | 5.38 | 516 | 30 | 10.92 | *0.00 | 34 | 58.86 | 20.53 |
| % of Calories | | | | 11.96% | | 29.6% | 24.3% | *0.0% | | 58.1% | 20.3% |
| Weekly Nutrient Guideline | | | 600 - 650 | <10 | 1230 | | <=0 | | | | |

Saturday - 12/12/2020

Reimbursable Meal Total 10800

Planned Menu Spreadsheet

Portion Values

Dec 1, 2020 thru Dec 23, 2020

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Sugars (g) | T-Fat (g) | Tr-Fat ² (g) | Cholst (mg) | Carb (g) | Protn (g) |
|---------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------|-----------|-------------------------|-------------|----------|-----------|
| 825806 CHIX Nugget, WG (5) 2.0 | 5 Each | 1000 | 203 | 1.90 | 444 | 0 | 10.15 | 0.00 | 44 | 12.68 | 16.49 |
| 990383 Crinkle FF McCain 1/4c | 1/4c | 1000 | 43 | 0.26 | 50 | 0 | 1.88 | 0.03 | *N/A* | 6.64 | 0.47 |
| 000154 FRUIT: CRAISINS, SS Origin1.16 | Box (1.16oz) | 1000 | 110 | 0.00 | 0 | 24 | 0.00 | 0.00 | 0 | 28.00 | 0.00 |
| 900015 MILK SS, Skim Chocolate | Carton | 4000 | 110 | 0.00 | 180 | 18 | 0.00 | 0.00 | 5 | 20.00 | 8.00 |
| Weighted Daily Average | | | 74 | 0.20 | 112 | 9 | 1.11 | 0.00 | *6 | 11.79 | 4.53 |
| % of Calories | | | | 2.43% | | 48.6% | 13.5% | 0.0% | | 63.7% | 24.5% |
| Weekly Nutrient Guideline | | | 600 - 650 | <10 | 1230 | | <=0 | | | | |

Monday - 12/14/2020

Reimbursable Meal Total 10800

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Sugars (g) | T-Fat (g) | Tr-Fat ² (g) | Cholst (mg) | Carb (g) | Protn (g) |
|---------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------|-----------|-------------------------|-------------|----------|-----------|
| 831321 BRD: FR TST AP, Cinn WG IW | Pouch | 8200 | 220 | 1.00 | 380 | 11 | 7.00 | 0.00 | 5 | 37.00 | 3.00 |
| 829216 CHEESE, MZ String LF 1ea 1.0 | Stick | 8200 | 60 | 2.00 | 210 | 0 | 2.50 | 0.00 | 10 | 1.00 | 8.00 |
| 829155 CHIX Tender, KK (3) WG 2.0 | 3 Each | 2200 | 212 | 2.02 | 738 | 1 | 11.12 | 0.00 | 56 | 13.14 | 15.16 |
| 825867 COND PC Sauce, BBQ 12g | Each | 2200 | 15 | 0.00 | 160 | 1 | 0.00 | 0.00 | 0 | 3.00 | 0.00 |
| 990383 Crinkle FF McCain 1/4c | 1/4c | 10400 | 43 | 0.26 | 50 | 0 | 1.88 | 0.03 | *N/A* | 6.64 | 0.47 |
| 825856 COND PC Ketchup 9g Heinz | Each | 10400 | 10 | 0.00 | 85 | 2 | 0.00 | 0.00 | 0 | 3.00 | 0.00 |
| 000194 FRUIT: CRAISINS, SS Waterm1.16 | Box (1.16oz) | 10400 | 110 | 0.00 | 0 | 24 | 0.00 | 0.00 | 0 | 28.00 | 0.00 |

Planned Menu Spreadsheet

Portion Values

Dec 1, 2020 thru Dec 23, 2020

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Sugars (g) | T-Fat (g) | Tr-Fat ² (g) | Cholst (mg) | Carb (g) | Protn (g) |
|--------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------|-----------|-------------------------|-------------|----------|-----------|
| 900015 MILK SS, Skim Chocolate | Carton | 4000 | 110 | 0.00 | 180 | 18 | 0.00 | 0.00 | 5 | 20.00 | 8.00 |
| 900012 MILK SS, 1% White 8oz | Carton | 500 | 100 | 1.50 | 120 | 11 | 2.50 | 0.00 | 15 | 11.00 | 8.00 |
| 900014 MILK SS, Skim 8oz | Carton | 100 | 80 | 0.00 | 120 | 11 | 0.00 | 0.00 | 5 | 11.00 | 8.00 |
| Weighted Daily Average | | | 462 | 3.01 | 835 | 41 | 11.40 | 0.03 | *25 | 76.40 | 15.30 |
| % of Calories | | | | 5.86% | | 35.5% | 22.2% | 0.1% | | 66.1% | 13.2% |
| Weekly Nutrient Guideline | | | 600 - 650 | <10 | 1230 | | <=0 | | | | |

Tuesday - 12/15/2020

Reimbursable Meal Total 10800

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Sugars (g) | T-Fat (g) | Tr-Fat ² (g) | Cholst (mg) | Carb (g) | Protn (g) |
|--|--------------|-----------|--------------------------|------------------------|------------------------|------------|-----------|-------------------------|-------------|----------|-----------|
| 000046 NACHOS BfGd Bn Scp AP- IW Chips | Each | 8400 | 327 | 5.40 | 786 | 1 | 12.12 | 0.06 | 36 | 36.67 | 16.04 |
| 000243 CALZONE Meat Lvr AP WG 2.0 | Each | 2000 | 250 | 2.00 | 480 | 4 | 6.00 | 0.00 | 15 | 33.00 | 18.00 |
| 831190 VEG: CARROTS, Fresh Baby 1/4c | 1/4 Cup | 10400 | 12 | 0.01 | 28 | 2 | 0.05 | 0.00 | 0 | 2.92 | 0.23 |
| 000082 FRUIT: APPLE, 198ct GFP 1c | Each(138ct) | 10400 | 62 | 0.00 | 0 | 12 | 0.00 | 0.00 | 0 | 17.09 | 0.00 |
| 900015 MILK SS, Skim Chocolate | Carton | 4000 | 110 | 0.00 | 180 | 18 | 0.00 | 0.00 | 5 | 20.00 | 8.00 |
| 900012 MILK SS, 1% White 8oz | Carton | 500 | 100 | 1.50 | 120 | 11 | 2.50 | 0.00 | 15 | 11.00 | 8.00 |

Planned Menu Spreadsheet

Portion Values

Dec 1, 2020 thru Dec 23, 2020

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Sugars (g) | T-Fat (g) | Tr-Fat ² (g) | Cholst (mg) | Carb (g) | Protn (g) |
|---------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------|-----------|-------------------------|-------------|----------|-----------|
| 900014 MILK SS, Skim 8oz | Carton | 100 | 80 | 0.00 | 120 | 11 | 0.00 | 0.00 | 5 | 11.00 | 8.00 |
| Weighted Daily Average | | | 419 | 4.65 | 800 | 22 | 10.70 | 0.05 | 33 | 61.92 | 19.44 |
| % of Calories | | | | 9.99% | | 21.0% | 23.0% | 0.1% | | 59.1% | 18.6% |
| Weekly Nutrient Guideline | | | 600 - 650 | <10 | 1230 | | <=0 | | | | |

Wednesday - 12/16/2020

Reimbursable Meal Total 10800

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Sugars (g) | T-Fat (g) | Tr-Fat ² (g) | Cholst (mg) | Carb (g) | Protn (g) |
|---------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------|-----------|-------------------------|-------------|----------|-----------|
| 900046 HOT DOG, Plain WG 2.0 | Each | 8200 | 300 | 4.41 | 1003 | 4 | 14.18 | 0.01 | 50 | 29.16 | 12.73 |
| 825856 COND PC Ketchup 9g Heinz | Each | 8200 | 10 | 0.00 | 85 | 2 | 0.00 | 0.00 | 0 | 3.00 | 0.00 |
| 825862 COND PC Mustard 6g | Each | 8200 | 0 | 0.00 | 65 | 0 | 0.00 | 0.00 | 0 | 1.00 | 0.00 |
| 000069 MELT SUB AP, BfMtbl PizzaSS2.0 | Sandwich | 2200 | 345 | 5.36 | 856 | 7 | 13.18 | 0.41 | 36 | 34.26 | 20.63 |
| 831206 VEG: TOMATOES, Cherry 1/4c | 1/4 Cup | 10400 | 8 | 0.01 | 2 | 1 | 0.09 | *N/A* | 0 | 1.66 | 0.38 |
| 000116 FRUIT: CUP SS, Applesc 1/2c | Each (1/2c) | 10400 | 50 | 0.00 | 15 | 12 | 0.00 | 0.00 | 0 | 14.00 | 0.00 |
| 900015 MILK SS, Skim Chocolate | Carton | 4000 | 110 | 0.00 | 180 | 18 | 0.00 | 0.00 | 5 | 20.00 | 8.00 |
| 900012 MILK SS, 1% White 8oz | Carton | 500 | 100 | 1.50 | 120 | 11 | 2.50 | 0.00 | 15 | 11.00 | 8.00 |

Planned Menu Spreadsheet

Portion Values

Dec 1, 2020 thru Dec 23, 2020

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Sugars (g) | T-Fat (g) | Tr-Fat ² (g) | Cholst (mg) | Carb (g) | Protn (g) |
|---------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------|-----------|-------------------------|-------------|----------|-----------|
| 900014 MILK SS, Skim 8oz | Carton | 100 | 80 | 0.00 | 120 | 11 | 0.00 | 0.00 | 5 | 11.00 | 8.00 |
| Weighted Daily Average | | | 407 | 4.52 | 1139 | 26 | 13.65 | *0.09 | 48 | 55.25 | 17.64 |
| % of Calories | | | | 10.00% | | 25.6% | 30.2% | *0.2% | | 54.3% | 17.3% |
| Weekly Nutrient Guideline | | | 600 - 650 | <10 | 1230 | | <=0 | | | | |

Thursday - 12/17/2020

Reimbursable Meal Total 10800

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Sugars (g) | T-Fat (g) | Tr-Fat ² (g) | Cholst (mg) | Carb (g) | Protn (g) |
|-------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------|-----------|-------------------------|-------------|----------|-----------|
| 831183 CHIX Popcorn, AP WG 2.0 | Serving | 8400 | 256 | 2.78 | 389 | 1 | 14.46 | 0.00 | 22 | 15.58 | 15.58 |
| 825867 COND PC Sauce, BBQ 12g | Each | 8400 | 15 | 0.00 | 160 | 1 | 0.00 | 0.00 | 0 | 3.00 | 0.00 |
| 000067 TACO BfGd Soft AP WG 2.0 2ea | 2 Each | 2000 | 336 | 6.13 | 638 | 3 | 13.45 | 0.00 | 46 | 33.95 | 21.36 |
| 830310 VEG: BEANS, Green Fz 1/4c | 1/4 Cup | 10400 | 10 | 0.02 | 0 | 1 | 0.06 | 0.00 | 0 | 2.25 | 0.52 |
| 000082 FRUIT: APPLE, 198ct GFP 1c | Each(138ct) | 10400 | 62 | 0.00 | 0 | 12 | 0.00 | 0.00 | 0 | 17.09 | 0.00 |
| 900015 MILK SS, Skim Chocolate | Carton | 4000 | 110 | 0.00 | 180 | 18 | 0.00 | 0.00 | 5 | 20.00 | 8.00 |
| 900012 MILK SS, 1% White 8oz | Carton | 500 | 100 | 1.50 | 120 | 11 | 2.50 | 0.00 | 15 | 11.00 | 8.00 |
| 900014 MILK SS, Skim 8oz | Carton | 100 | 80 | 0.00 | 120 | 11 | 0.00 | 0.00 | 5 | 11.00 | 8.00 |
| Weighted Daily Average | | | 388 | 3.38 | 619 | 22 | 13.91 | 0.00 | 28 | 47.37 | 19.98 |
| % of Calories | | | | 7.84% | | 22.7% | 32.3% | 0.0% | | 48.8% | 20.6% |
| Weekly Nutrient Guideline | | | 600 - 650 | <10 | 1230 | | <=0 | | | | |

Planned Menu Spreadsheet

Portion Values

Dec 1, 2020 thru Dec 23, 2020

Friday - 12/18/2020

Reimbursable Meal Total 10800

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Sugars (g) | T-Fat (g) | Tr-Fat ² (g) | Cholst (mg) | Carb (g) | Protn (g) |
|---------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------|-----------|-------------------------|-------------|----------|-----------|
| 832214 TKY, Breast OvenRstd Sliced1.0 | Serving | 5200 | 50 | 0.00 | 260 | 1 | 1.00 | 0.00 | 30 | 1.00 | 11.00 |
| 826193 COND_Gravy, Brown LS SS | 1/4 Cup | 5200 | 26 | 0.26 | 130 | 2 | 0.55 | 0.14 | 0 | 4.74 | 0.54 |
| 829872 ENT: PASTA, Mac&ChzSS1.0(1BG) | 6oz spoodle | 5200 | 334 | 6.68 | 620 | 3 | 12.01 | *0.00 | 30 | 42.30 | 14.49 |
| 000027 Roll, Dinner Wheat AP (Alpha) | each | 10400 | 76 | 0.24 | 146 | 1 | 1.33 | 0.02 | 0 | 13.23 | 2.83 |
| 831549 VEG: POTATO, Mashed 1/4c | 1/4 Cup | 10400 | 34 | 0.00 | 51 | 0 | 0.21 | 0.00 | 0 | 7.69 | 0.86 |
| 000109 FRUIT: CUP SS, Applesc STW1/2c | Each (1/2c) | 10000 | 50 | 0.00 | 15 | 12 | 0.00 | 0.00 | 0 | 14.00 | 0.00 |
| 833553 SNACK: BAR, RiceKrTrt MiniWGIW | Each | 10400 | 50 | 0.00 | 45 | 3 | 1.00 | 0.00 | 0 | 9.00 | 0.00 |
| 900015 MILK SS, Skim Chocolate | Carton | 4000 | 110 | 0.00 | 180 | 18 | 0.00 | 0.00 | 5 | 20.00 | 8.00 |
| 900012 MILK SS, 1% White 8oz | Carton | 500 | 100 | 1.50 | 120 | 11 | 2.50 | 0.00 | 15 | 11.00 | 8.00 |
| 900014 MILK SS, Skim 8oz | Carton | 100 | 80 | 0.00 | 120 | 11 | 0.00 | 0.00 | 5 | 11.00 | 8.00 |
| Weighted Daily Average | | | 444 | 3.64 | 806 | 25 | 9.09 | *0.09 | 31 | 72.92 | 19.49 |
| % of Calories | | | | 7.38% | | 22.5% | 18.4% | *0.2% | | 65.7% | 17.6% |
| Weekly Nutrient Guideline | | | 600 - 650 | <10 | 1230 | | <=0 | | | | |

Saturday - 12/19/2020

Reimbursable Meal Total 1

Planned Menu Spreadsheet

Portion Values

Dec 1, 2020 thru Dec 23, 2020

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Sugars (g) | T-Fat (g) | Tr-Fat ² (g) | Cholst (mg) | Carb (g) | Protn (g) |
|---------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------|-----------|-------------------------|-------------|----------|-----------|
| 900044 SDW BN, ChixPty Pln WG/WG 2.0 | Sandwich | 1000 | 347 | 2.32 | 698 | 3 | 11.94 | 0.01 | 45 | 38.47 | 22.24 |
| 990377 Tater Tots, McCain 1/4c | 1/4c | 1000 | 46 | 0.21 | 83 | 0 | 1.66 | 0.00 | 0 | 7.04 | 0.41 |
| 000109 FRUIT: CUP SS, Applesc STW1/2c | Each (1/2c) | 1000 | 50 | 0.00 | 15 | 12 | 0.00 | 0.00 | 0 | 14.00 | 0.00 |
| 900015 MILK SS, Skim Chocolate | Carton | 1000 | 110 | 0.00 | 180 | 18 | 0.00 | 0.00 | 5 | 20.00 | 8.00 |
| Weighted Daily Average | | | 552532 | 2527.10 | 975962 | 33794 | 13596.40 | 10.00 | 50000 | 79509.90 | 30654.00 |
| % of Calories | | | | 4.12% | | 24.5% | 22.1% | 0.0% | | 57.6% | 22.2% |
| Weekly Nutrient Guideline | | | 600 - 650 | <10 | 1230 | | <=0 | | | | |

Monday - 12/21/2020

Reimbursable Meal Total 1

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Sugars (g) | T-Fat (g) | Tr-Fat ² (g) | Cholst (mg) | Carb (g) | Protn (g) |
|---------------------------------------|-----------------|-----------|--------------------------|------------------------|------------------------|------------|-----------|-------------------------|-------------|----------|-----------|
| 829621 BRD: ROLL AP, CinnMini WG IW | Pouch | 9000 | 240 | 2.00 | 300 | 15 | 8.00 | 0.00 | 0 | 40.00 | 5.00 |
| 831136 CHIX Sausage Patty 1ea 1.0 | Patty | 9000 | 100 | 1.50 | 250 | 0 | 6.00 | 0.00 | 40 | 1.00 | 11.00 |
| 990347 Pretzel Nuggets | serv | 1400 | 120 | 0.00 | 84 | 0 | 0.00 | 0.00 | 0 | 28.00 | 4.00 |
| 829898 COND_Sauce, Chz SS W (LOL) 1.0 | 3oz Spdl (1MMA) | 1400 | 150 | 6.75 | 600 | 0 | 10.50 | 0.00 | 30 | 4.50 | 7.50 |
| 830312 VEG: CORN, Fz 1/4c | 1/4 Cup | 10400 | 33 | 0.04 | 0 | 1 | 0.27 | 0.00 | 0 | 7.90 | 1.04 |

Planned Menu Spreadsheet

Portion Values

Dec 1, 2020 thru Dec 23, 2020

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Sugars (g) | T-Fat (g) | Tr-Fat ² (g) | Cholst (mg) | Carb (g) | Protn (g) |
|-----------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------|-----------|-------------------------|-------------|-----------|-----------|
| 000082 FRUIT: APPLE, 198ct GFP 1c | Each(138ct) | 10400 | 62 | 0.00 | 0 | 12 | 0.00 | 0.00 | 0 | 17.09 | 0.00 |
| Weighted Daily Average | | | 4429130 | 41388.88 | 5911854 | 277345 | 143551.68 | 0.00 | 402000 | 674397.18 | 170957.60 |
| % of Calories | | | | 8.41% | | 25.0% | 29.2% | 0.0% | | 60.9% | 15.4% |
| Weekly Nutrient Guideline | | | 600 - 650 | <10 | 1230 | | <=0 | | | | |

Tuesday - 12/22/2020

Reimbursable Meal Total 1

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Sugars (g) | T-Fat (g) | Tr-Fat ² (g) | Cholst (mg) | Carb (g) | Protn (g) |
|---------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------|-----------|-------------------------|-------------|-----------|-----------|
| 900116 BURG, Beef AMAP WG 2.25- ALPHA | Each | 9400 | 295 | 4.62 | 495 | 4 | 11.50 | 0.00 | 38 | 27.50 | 19.50 |
| 825862 COND PC Mustard 6g | Each | 9400 | 0 | 0.00 | 65 | 0 | 0.00 | 0.00 | 0 | 1.00 | 0.00 |
| 831075 CHIX Popcorn, AP Spicy WG 2.0 | Serving | 1000 | 249 | 2.71 | 369 | 1 | 14.09 | 0.00 | 22 | 16.26 | 14.09 |
| 000027 Roll, Dinner Wheat AP (Alpha) | each | 1000 | 76 | 0.24 | 146 | 1 | 1.33 | 0.02 | 0 | 13.23 | 2.83 |
| 825867 COND PC Sauce, BBQ 12g | Each | 1000 | 15 | 0.00 | 160 | 1 | 0.00 | 0.00 | 0 | 3.00 | 0.00 |
| 831190 VEG: CARROTS, Fresh Baby 1/4c | 1/4 Cup | 10400 | 12 | 0.01 | 28 | 2 | 0.05 | 0.00 | 0 | 2.92 | 0.23 |
| 831449 FRUIT: CRAISINS, SS Strawb1.16 | Box (1.16oz) | 10400 | 110 | 0.00 | 0 | 24 | 0.00 | 0.00 | 0 | 28.00 | 0.00 |
| Weighted Daily Average | | | 4386670 | 46510.18 | 6225780 | 303389 | 124000.84 | 20.00 | 374179 | 621957.30 | 202581.80 |
| % of Calories | | | | 9.54% | | 27.7% | 25.4% | 0.0% | | 56.7% | 18.5% |
| Weekly Nutrient Guideline | | | 600 - 650 | <10 | 1230 | | <=0 | | | | |

Wednesday - 12/23/2020

Reimbursable Meal Total 1

Planned Menu Spreadsheet

Portion Values

Dec 1, 2020 thru Dec 23, 2020

| | Portion Size | Reimb Qty | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Sugars (g) | T-Fat (g) | Tr-Fat ² (g) | Cholst (mg) | Carb (g) | Protn (g) |
|---------------------------------------|--------------|-----------|--------------------------|------------------------|------------------------|------------|---------------|-------------------------|-------------|---------------|---------------|
| 825806 CHIX Nugget, WG (5) 2.0 | 5 Each | 8200 | 203 | 1.90 | 444 | 0 | 10.15 | 0.00 | 44 | 12.68 | 16.49 |
| 825867 COND PC Sauce, BBQ 12g | Each | 8200 | 15 | 0.00 | 160 | 1 | 0.00 | 0.00 | 0 | 3.00 | 0.00 |
| 000191 Chicken, Corn Dog Mini | 6 each | 2200 | 271 | 3.77 | 422 | 6 | 12.06 | *N/A* | 38 | 30.15 | 10.55 |
| 990383 Crinkle FF McCain 1/4c | 1/4c | 10400 | 43 | 0.26 | 50 | 0 | 1.88 | 0.03 | *N/A* | 6.64 | 0.47 |
| 825856 COND PC Ketchup 9g Heinz | Each | 10400 | 10 | 0.00 | 85 | 2 | 0.00 | 0.00 | 0 | 3.00 | 0.00 |
| 000108 FRUIT: CUP SS, Applesc Cin1/2c | Each (1/2c) | 10400 | 50 | 0.00 | 15 | 12 | 0.00 | 0.00 | 0 | 14.00 | 0.00 |
| Weighted Daily Average | | | 3455219 | 26562.80 | 744532 3 | 169614 | 129232.9 2 | *276.64 | *44690 3 | 440768.7 6 | 163327.0 0 |
| % of Calories | | | | 6.92% | | 19.6% | 33.7% | *0.1% | | 51.0% | 18.9% |
| Weekly Nutrient Guideline | | | 600 - 650 | <10 | 1230 | | <=0 | | | | |

| | | | Cals ¹ (kcal) | S-Fat ¹ (g) | Sodm ¹ (mg) | Sugars (g) | T-Fat (g) | Tr-Fat ² (g) | Cholst (mg) | Carb (g) | Protn (g) |
|-------------------|--|--|--------------------------|------------------------|------------------------|------------|-----------|-------------------------|-------------|----------|-----------|
| Weighted Averages | | | 641480 | 5852 | 102849 2 | 39228 | 20527.32 | *15.35 | *63680 | 90875.58 | 28390.54 |
| % of Calories | | | | 8.21% | | 24.5% | 28.8% | *0.0% | | 56.7% | 17.7% |

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

* - denotes combined nutrient totals with either missing or incomplete nutrient data

¹ - denotes required nutrient values

² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.